

July 2026

Next Meeting – Tuesday 21 July 2026

Meeting Details:

- Branch Meetings are held on the 3rd Tuesday of the month from January to November at the Lighthouse Community Church, cnr Jetty Road and The Crescent, Brighton, on the beach side of the railway line. Meetings are from 10.00 am to 12.00 noon. Members should start to arrive from 9.30 am. Morning tea is between 10.30 am and 11.00 am. Guest speaker or entertainment from 11.00 am to 12.00 pm. In August there will be a Branch Birthday Cake.
- In December there is a Christmas lunch instead of a meeting. This year it will be on Wednesday, 2 December 2026 at the Seacliff Beach Hotel, 221 Esplanade, Seacliff.
- Before the meetings begin, helpers are needed to put up trestle tables in the Church Hall and on the stage. This needs to be done soon after 9.15 am. Helpers are also needed to put the trestle tables back in the storeroom at the end of the meeting.
- Please bring your own cup or mug for morning tea. This reduces the need for throw away cups.
- Door entry fee is \$5.00 which includes morning tea and a chance to win a door prize.
- Name Badges and Emergency Badges should be worn at all Branch Meetings and all activities.
- Minutes of the previous meeting are now being circulated with the current month's Newsletter. Members are able to read the minutes before voting to approve them. It also means that members who were unable to attend the meeting are now informed of the proceedings.



Lighthouse Community Church

Lunches After the Meetings:

- There is a lunch after every meeting at various venues. All lunches, including the Christmas lunch are at own expense. In August there will be a Birthday Lunch.
- This month's lunch after the meeting will be at the Glenelg Football Club, Brighton Road.
- If you wish to attend, please put your name on the sheet at the back table at the meeting before 11.00 am. The lunch venue needs to be advised beforehand of the number attending the lunch.

Payments:

Payments for membership fees and outings can be made as follows:

1. Cash at branch meetings.
2. Credit card payments – available at branch meetings.
If you use your card, Brighton Branch does not pass the merchant fee on to you.
3. Electronic Funds Transfer (EFT) direct to the branch accounts at BankSA
BSB: 105-042 Account no. 0579 62340 Account name: National Seniors Brighton
Please include your name and reason for payment in the description/reference field.
Send an email to Marilyn Smith at marcoladelaide@gmail.com once the transfer has been completed.
4. Reimbursements for expenses incurred on behalf of the Branch will be made by EFT only.
Supporting invoices and documents will be required.

Annual General Meeting

At the Branch Committee Meeting on 10 June 2026 the decision was made to hold the Annual General Meeting in August instead of the usual month of July. Electing the new Committee will be done at the AGM. Several current Committee Members will not seek re-election. Please consider joining the Committee to fill the vacancies.

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Recent Activities and Events:

- **Wallis Cinemas**, 38-42 David Witton Dr, Noarlunga Centre – we will not attend this theatre for the remainder of the year. Next year it might be at Wallis Cinemas, Glenelg.
- **Belair Hotel** – Lunch on 25 June – 15 people attended and four came by train. It was an enjoyable lunch in a room with a view of the hills. We received Senior 20% discount on the main courses.

Forthcoming Meetings, Activities and Events:

- **Wednesday 5 August 2026** – Club Marion - 25 Anniversary lunch. Order and pay on the day. Club Marion members get \$5 reduction on main course and discount on drinks. Graham has booked for 25 people and asked that we be in the North-West corner of the dining room.
- **Friday 7 August 2026** – **Mercury Cinema**, 13 Morphett Street, Adelaide. "How to Talk to Australians." 10.00am morning tea. 10.30am movie. NSA members receive two-for-one tickets when showing their membership card and requesting the NSA offer.
- **September 2026** – **Possible Bus trip to Outer Harbour**. A decision has not yet been made. It will depend upon the interest of members. The cost of the bus would be \$1,450. Members would pay for their own lunch at either the Semaphore Hotel, Semaphore Palais or Largs Bay Hotel.

Walking Group:

There is an active Walking Group. It meets every Tuesday at 9.30 am except when there is a Branch Meeting on that Tuesday. The walks are then on the following day which is Wednesday. The next walks will be as follows:

- Wednesday 22 July – meet at the Broadway Hotel car park, on the Broadway, Glenelg.
- Tuesday 28 July – meet at Oaklands Reserve, near the toilet block at the end of the driveway.
- Tuesday 4 August - meet at the Brighton Jetty.
- Tuesday 11 August - Meet at Whyte Street, Somerton Park at the Esplanade end.
- Wednesday 19 August - meet at the Broadway Hotel car park, on the Broadway, Glenelg.

If you would like to join in any of the weekly walks, contact either **Barbara Hansen on 0448 223 075** or **Rose Cearns on 0405 537 910**.

Guest Speakers for 21 July 2026 will be:

At 11.00 am after morning tea we will be pleased to hear from two of our members:

- **Bon Jordan** will speak about his 54 years of **Dog Obedience Training**.
- **Carol Holt** will speak about her years as an **Army Nurse**.

There will be a display of photos of "**Years Gone By**" at the meeting and some older Newsletters pinned to a divider screen in the morning tea room.



Attendance at meetings has been falling over recent months.

If this trend continues it will have an adverse effect on the quality of our meetings. We are able to attract excellent guest speakers and entertainment groups. If attendance is small, we will not be able to attract them. So please come to our meeting.

Entertainment on 16 June 2026 was by the Ukelele group "The Flutes"

We were superbly entertained by the 11 members of "The Flutes". In addition to playing their ukeleles and other instruments they all sang.

They had quite a lot of equipment - so much so that some of their group started setting up from 9.00 am!

Included in their repertoire were songs by The Beatles, The Crystals, Van Morrison, Buddy Holly, Bobby Darin, Simon and Garfunkel, Del Shannon, Roy Orbison, Eric Clapton, Lyn Anderson and Jeff Christie. It seemed that there was nothing that our members did not know.

Members had smiles on their faces, some tapping their feet, some singing along, clapping their hands and swaying to the music. A most enjoyable fifty minutes of entertainment.



More information about the group is on <https://theflukesgroup.wordpress.com/>

Some information on the ukelele:

The ukulele had what is considered a hibernation period from the 1960s, as the small acoustic instrument was unable to compete with the big, popular sound of rock 'n' roll. It is now making a comeback. According to Wikipedia the ukelele was developed in the 1880s. It is based on several small, guitar-like instruments of Portuguese origin. The ukulele is a member of the lute (ancient guitar) family of instruments. It was popularized in Hawaii. The tone and volume of the instrument vary with size and construction. Ukuleles commonly come in four sizes: soprano, concert, tenor, and baritone.

From the NSA Connect Newsletter, 10 July 2026

From 1 July 2026, the Federal Government has increased a range of Age Pension means-testing thresholds, allowing some retirees to earn more income, hold more assets, or have more financial investments before their pension entitlement is reduced. These changes form part of the regular July indexation process.

See more details in the Connect Newsletter.

KNOW YOUR COMMITTEE MEMBERS – HANS BROWELEIT



A slightly different Know Your Committee Members. Hans has included his love for **"Bakeries I Have Known"**.

One of the pleasures of life is to drive to an Australian country town with a high level of anticipation of the

fare likely to be available at the local bakery. But having been born in Berlin four months before the WW2 ended, my route to Australian country bakeries took a while.

My parents and I became a tiny part of the mass emigration of Europeans to other, safer places in the world. The process took many months, and it was July 1952 before we got called to board passage on the migrant ship *Skaubryn*.

When we disembarked, we were taken by our sponsor to Nhill in Victoria where a house and a job for my father had already been organized. The bakery was a mere 100 yards away, in the same street as our house. Other than bread, scones were the baker's specialty. They started me on the road to a lifelong appreciation of scones, jam and cream, as well as of the baking craft of country bakers.

My primary schooling was done in Nhill State School, and I did start high school, but the national economy was showing a growing weakness. By 1958 times got tougher and first one building firm and then the only other both folded. Dad, a carpenter, had to choose whether to seek work in another country town or go to the city. The city won, and it was Adelaide (and Glenelg) that became our new home.

Coincidentally our new-found neighbour was hiring for the St Leonard's Hotel (now The Watermark) and asked me if I'd like a casual job there. In 1958 the hotel hadn't yet joined the

important innovation of offering "counter lunches". Drinkers and workers would go directly over the road, the Anzac Highway, to the most well-known bakery in the area, *The Orange Spot*. They made pies and pasties, of course, but were early innovators with Kitchener buns, Berliner buns, vanilla slices, lamingtons, finger buns, custard tarts, as well as scones already filled with jam and cream. I quickly became loyal to the gastronomic delights of *The Orange Spot*.

Following five years of high school at Brighton High I attended Adelaide Teachers College and began a degree at Adelaide University. The Uni Refectory was a magnet for most of us. The food was good and cheap. Pikelets with jam and cream were my favourite any-time snacks. And Christine and I met over pikelets and married later in 1967.

Two years into my teacher training I was called up for National Service, deferred for two years to finish my course, and posted to Canberra. We were quick to find that the nearest bakery specialized in Vietnamese Rolls. Thin crust and a soft, white bread centre. Chocolate for blokes, really.

Our next posting was to my hometown of Adelaide which allowed reacquaintance with *The Orange Spot*, me for pasties and Christine for pies.

Following that three-year posting we were posted to Puckapunyal, 100 kilometres north of Melbourne. The military township had no bakery, but it did have several Army messes as well as the Army's School of Catering. It's easy to disparage Army cooks, but not by me. They demonstrated to me once that they can make tripe look and taste like chicken. True. And the cakes and biscuits cooked for special occasions were always a treat.

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Know Your Committee Members – Hans Broweleit - continued

Army postings allowed us to sample country cooking in the surrounds of Melbourne, Albury/Wodonga, London (ploughman's lunches at country pubs were our favourites), Melbourne again, Albury/Wodonga again, and Canberra for the third time.

Then, in early 1998, after 31 years, came retirement. Christine and I had decided years before that we wanted to see much more of Australia and to do so by slow caravan. Tenting is way too rustic. Motor Homes are too inflexible, hotels/motels are too expensive. Flying is too quick. Caravans were, for us, ideal to spend a year "doing the lap". We travelled anticlockwise around Australia for almost a year.

Now, 26 years later my caravan and Troopcarrier have been replaced by a city friendly HEV. My wife and navigator, Christine, has passed away. And *The Orange Spot* is still winning national Bakery awards.

Free Financial Wellbeing Workshop

Presented by The Smith Family in Partnership with ANZ

The workshop is designed to help Australian communities build confidence and security in managing their money.

Where: Woodcroft Morphett Vale Neighbourhood Centre, 175 Bains Road, Morphett Vale, SA 5162

When: 10.30 am to 11.30 am, Thursday 30 July 2026

Followed by light refreshments

**Limited availability – registrations essential
To register for this event, and to find out more visit:**

[Financial Wellbeing Workshop](https://events.thesmithfamily.com.au/event/fwbmorphettvale)

<https://events.thesmithfamily.com.au/event/fwbmorphettvale>

Information from Scamwatch

14 July 2026

Fake Purchase Callback Scams

Scammers are sending fake messages that say you bought something you didn't buy and tells you to call a phone number to stop or reverse the payment.

You might get the message by text, email, app notification, calendar invitation or another way. It might even include your details such as your name, email, phone number or address.

The fake purchase is often between \$300 and \$2,000 and might be for items such as a phone, security software, plane or event tickets, or cryptocurrency.

The message may mention a payment service you know, such as PayPal. It may also mention an account you closed or an account you have never used.

Scammers try to make you feel rushed by claiming you only have a short time to call the number before the money is taken from your account.

Who is at Risk?

Anyone can be targeted by this scam. You may feel pressured to act urgently if your details are included in the message, or if you use the apps or payment service named in the message. It's important to check, even if it looks real at first glance.

What This May Look Like

These scams can look like messages from well-known companies and services.

Log in to your account by using the official app or website to check whether the payment is real. Use the official website to find the real phone number.

For additional and regular updates on scams, click on <https://www.scamwatch.gov.au/>

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National Seniors SA Zone 110 Forum

Where: Marryatville Hotel, 239 Kensington Road, Marryatville

When: Thursday 23 July 2026

Time: Arrive at 8.45 am. Registration from 9.00 am, guest speakers from 9.30 am to 12.00 noon.

Guest Speakers: Karen Furnivall, Community Engagement Manager, Brisbane Head Office, Chris Grice CEO, NSA Brisbane Head Office.

All members of National Seniors Australia and friends are cordially invited to attend this forum.

Please register your attendance by clicking on the following and submitting the form:

https://go.nationalseniors.com.au/EV-2026-07-23-Adelaide-Seniors-Forum-AC_01a-LPRegistration.html

From 12 pm until 1.00 pm there will be a 'SA Branches Meeting'. Followed by lunch at 1.00pm. Those not attending the Branches Meeting can have their lunch from 12.00 pm onwards.

If having lunch, you will need to book it with the hotel. **Lunch is at own expense.**

If any members wishing to attend but would like a ride, please contact President Maureen or Secretary Julie as soon as possible.

If anyone has a particular concern they would like discussed at the abovementioned forum, can they please let President Maureen know so she

can put it to the Forum guest speaker on the day. Mr. Chris Grice, the CEO of NSA, is a very strong ADVOCATE for seniors. He's spent considerable time advocating the successful campaign to KEEP CASH. You may see Chris from time to time on the TV advocating for Age Pensions, Concessions, Housing, Age Care and this list goes on, all to benefit us seniors.

Know Your Members

After the "Know Your Committee Members" comes to an end it will become "Know Your Members" so please start thinking about submitting your story!

Some people, no matter how old they get, never lose their beauty – they merely move it from their faces into their hearts.

- Why do people pay to go up tall buildings and then put money in binoculars to look at things on the ground?
- If corn oil is made from corn, and vegetable oil is made from vegetables, what is baby oil made from?
- Why do Kamikaze pilots wear helmets?
- Once you're in heaven, do you get stuck wearing the clothes you were buried in for eternity?

Contacts for NSA Brighton Branch:

President: Maureen Cook 0414 454 970 or cookmaureen43@gmail.com; **Vice President:** vacant;
Secretary: Julie Hockley 0410 053 973 or brightonseniorsnsa@gmail.com; **Treasurer:** Marilyn Smith 0481 399 729 or marcoladelaide@gmail.com; **Newsletter:** Shirley Golding 0417 408 615 or freewill@bigpond.net.au; **Branch Activities:** Graham Gurry 8296 7646, **Welfare Officer:** Lyndall Ingram; **Guest Speaker Coordinator:** vacant; **Committee Members:** Hans Broweleit, Brenton Coad 0402 414 211, Brian Hockley, Loretta Schubert and Heather Williams.

