

May 2026

Next Meeting – Tuesday 19 May 2026

Meeting Details:

- Branch Meetings are held on the 3rd Tuesday of the month from January to November at the Lighthouse Community Church, cnr Jetty Road and The Crescent, Brighton, on the beach side of the railway line. Meetings are from 10.00 am to 12.00 noon. Members should start to arrive from 9.30 am. Morning tea is between 10.30 am and 11.00 am. Guest Speaker or entertainment from 11.00 am to 12.00 pm. In July there will be a Branch Birthday Cake.
- In December there is a Christmas lunch instead of a meeting. This year it will be on Wednesday, 2 December 2026 at the Seacliff Beach Hotel, 221 Esplanade, Seacliff.
- Before the meetings begin, helpers are needed to put up trestle tables in the Church Hall and on the stage. This needs to be done soon after 9.15 am. Helpers are also needed to put the trestle tables back in the storeroom at the end of the meeting.
- Please bring your own cup or mug for morning tea. This reduces the need for throw away cups.
- Door entry fee is \$5.00 which includes morning tea and a chance to win a door prize.
- Name badges and Emergency Badges should be worn at all Branch Meetings and all activities.
- Minutes of the previous meeting are now being circulated with the current month's Newsletter. Members are able to read the minutes before voting to approve them. It also means that members who were unable to attend the meeting are now informed of the proceedings.



Lighthouse Community Church

Lunches After the Meetings:

- There is a lunch after every meeting at various venues. All lunches, including the Christmas lunch are at own expense. In August there will be a Birthday Lunch.
- This month's lunch after the meeting will be at the Seacliff Beach Hotel, 221 Esplanade, Seacliff.
- If you wish to attend, please put your name on the sheet at the back table at the meeting before 11.00 am. The lunch venue needs to be advised beforehand of the number attending the lunch.

Payments:

Payments for membership fees and outings can be made as follows:

1. Cash at branch meetings.
2. Credit card payments – available at branch meetings.
If you use your card, Brighton Branch does not pass the merchant fee on to you.
3. Electronic Funds Transfer (EFT) direct to the branch accounts at BankSA
BSB: 105-042 Account no. 0579 62340 Account name: National Seniors Brighton
Please include your name and reason for payment in the description/reference field.
Send an email to Marilyn Smith at marcoladelaide@gmail.com once the transfer has been completed.

BOOTHBY SENIORS FORUM – organised by Louise Miller-Frost MP

Various Guest Speakers

Where: Marion RSL Hall, 31-39 Norfolk Road, Marion

When: Wednesday 20 May 2026

Time: 10.00 am to 11.30 am AND 2.00 pm to 3.30 pm

Brighton National Seniors Australia will be having a site there and it will be manned by your hard working Committee Members.

ALL WELCOME

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Guest Speakers for 19 May 2026:

The guest speakers for May will be **Frank Miller** and **Jim Coombe** from the **SA Sea Rescue Squadron**.

The Squadron has bases (flotillas) in the Adelaide Metro area, Wirrina, Edithburgh and Copper Coast, with Marine radio operation centres that monitor all of the marine radio emergency channels on a 24/7 basis. Sea Rescue Adelaide conducts regular patrols between Grange and Port Willunga every weekend and public holiday weather permitting.

Boats are stationed at the Headquarters at West Beach and at the boat shed at Lonsdale and while on the water are in constant contact via radio with the operations centre at West Beach. In the event of an incident, the patrol boat is dispatched to the distressed vessel where appropriate action is taken to ensure the safety of the vessel and the people on board.

Forthcoming Meetings, Activities and Events:

- **Friday 22 May 2026 – Police Band in Concert, Capri Cinema**, 141 Goodwood Road, Goodwood. Arrive at 9.45 am for Morning Tea/Coffee/Biscuits. The Concert will be from 10.15 am to 12.15 pm. Cost \$10.00. Pay on the day. You can take the G10 Bus from Marion Shopping Centre or the tram to Goodwood Road stop and walk for a few minutes to the Capri Cinema.
- **Wednesday 17 June 2026 – Movie – Follow the Fleet** (Fred Astaire and Ginger Rogers) at Wallis Cinemas, 38-42 David Witton Dr, Noarlunga Centre. Starts at 10.30 am. Cost \$15.00. Pay at the cinema.
- **Tuesday 16 June 2026 – Branch Meeting** – at 11.00 am, after morning, tea we will be entertained by the 8-piece Ukelele group called "**FLUKES**".
- **Thursday 25 June 2026** – 12.30 pm - Lunch at the Belair Hotel, 141 Main Road, Blackwood. Drive there or take the train to Glenalta Station.
- **Friday 26 June 2026 – The Mercury Cinema**, 13 Morphett Street, Adelaide, alongside the Morphett Street Bridge near the City West tram stop. The movie will be "**A Private Life**", a crime/drama/mystery story about a psychiatrist who investigates the death of one of her patients whom she believes has been murdered. Arrive at 10.30 am for morning tea. Movie is at 11.00 am. Cost \$12.00 for Seniors Card holders

Walking Group:

There is an active Walking Group. It meets every Tuesday at 9.30 am except when there is a Branch Meeting on that Tuesday. The walks are then on the following day which is Wednesday. The next walks will be as follows:

- Wednesday 20 May – meet at the Broadway Hotel car park, on the Broadway, Glenelg
- Tuesday 26 May – meet at Oaklands Reserve, near the toilet block at the end of the driveway
- Tuesday 2 June – meet at the Brighton Jetty
- Tuesday 9 June – meet at Whyte Street, Somerton Park
- Wednesday 17 June – meet at the Broadway Hotel car park, on the Broadway, Glenelg
- Tuesday 23 June – meet northern end Esplanade North, Glenelg North at Anderson Avenue
- Tuesday, 30 June - meet at Oaklands Reserve, near the toilet block at the end of the driveway

If you would like to join in any of the weekly walks, contact either **Barbara Hansen on 0448 223 075** or **Rose Cearns on 0405 537 910**.

KNOW YOUR COMMITTEE MEMBERS – PRESIDENT, MAUREEN COOK



My name is Maureen Cook – nee Tschirpigg. I was born at the Angaston Hospital, in the Barossa Valley and I have three older brothers and one younger sister.

I grew up at Krondorf in the family homestead, which was built in the early 1850's by my great, great grandparents, and is 5 kilometres south of Tanunda on the way to Rowland Flat. The house I grew up in, is now Rockford Wines.

I attended the Tanunda Primary School, Nuriootpa High School and Prides Business College. Whilst I was at business college, I made good friends with another girl, and in 1966 she asked me if I would like to join her on a two-year working holiday in New Zealand. What an exciting adventure that was to be, as at the time I hadn't even turned 18 and had never lived away from home let alone travelled overseas or even been outside of South Australia.

When I returned from New Zealand I worked at The Home for Incurables at Fullarton, as a Nurse's Aide, as we were called back in those days. I met my dearly beloved late husband Peter Cook at The Wonderland Ball Room, which I often frequented.

Peter and I were married at St John's Lutheran Church, Tanunda in 1970 and we have two children. My daughter, who is a vet, lives in the UK and my son, who is a mechanical engineer, lives in the southern suburbs of Adelaide. I also have a step-son who lives in NSW. He works for Bunnings. I have 4 granddaughters.

In 1989 I became a Motor Driving Instructor, and specialised in teaching/retraining clients with a disability, either physical or intellectual. Peter was already a Motor Driving Instructor and in partnership with Mitcham Driving School. I

purchased a second-hand vehicle which was set up to teach people with disabilities. During my 21-year career I worked alongside occupational therapists at Hampstead Centre, Payneham Rehabilitation Centre, Julia Farr Centre, and the Repatriation Hospital. The University of Adelaide's, Occupational Therapy Department were undertaking a study on clients with various medical conditions that could impact their ability to drive. This study went for approximately 4 years. I worked with a Doctor at the Repatriation Hospital who was doing a three-year study on patients who were suffering from various stages of dementia. I volunteered, with the Can-do for Kids fun driving days held at the Adelaide International Raceway, north of Adelaide.

We retired in 2010. I lost my dear husband Peter in 2017.

My life over the last few years has seen me on a couple of cruises, been on several overseas holidays, done a couple of rather long caravanning holidays by myself, and a real highlight, which I am very proud of myself, was doing a 4WD trip across the Googs Desert Track, approximately 40 kilometres north west of Ceduna. This desert track is 170 kilometre long and has approximately 370 sand ridges. There were 3 vehicles and it took us 3 days to cross, averaging between 25 to 40kph. I had never actually done 4WD driving by myself before so this was a real achievement. Peter had always been by my side to tell me what to do. It was great fun.

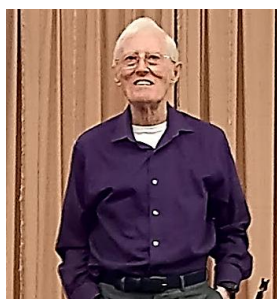
When I'm not travelling, I attend computer class most weeks, activities afternoon, craft morning besides NSA President, committee and branch meetings, Probus committee and group meetings. In my spare time I garden, enjoy lunch or dinner outings, visit family and friends and sleep.

Maureen Cook, President

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Guest Speaker on 21 April 2026 - Robin Jarman – Topic: "Life as a Professional Tour Director"



Before becoming a tour director, Robin spent most of his career as a music teacher in Adelaide. He then moved to Canada to teach. After spending some years in Canada, Robin

decided he would use his interest and experience in travel and to become a professional tour director based in the USA. He took tours all around the world – many tours on ships, on buses and on trams. To snow countries, the Everglades, the Rockies, the mountains, the penguins in the South American Glaciers, ice bergs, and many more countries. He also said he used to play the ukelele on bus trips.

Graham Gurry thanked Robin for his interesting talk.

National Seniors SA Zone 110 Forum

Where: Marryatville Hotel, 239 Kensington Road, Marryatville
When: Thursday 23 July 2026
Time: Registration from 9.00 am, guest speakers from 9.30 am to 12.00 noon.
Guest Speakers: Karen Furnivall, Community Engagement Manager, Brisbane Head Office, Chris Grice CEO, NSA Brisbane Head Office.

Continued.....

National Seniors Zone 11 Forum - continued

All members of National Seniors Australia and friends are cordially invited to attend.

If anyone has a particular concern they would like discussed at the forum, please let President Maureen know.

CEO Chris Grice is a very strong advocate for the KEEP CASH campaign.

Report on the Retirement Living & Senior Lifestyle Expo at Club Marion

Committee Member Hans Broweleit reports that the Marion Retirement Living & Senior Lifestyle Expo, which



was held on Wednesday 29 April 2026 at Club Marion, 262 Sturt Road, Marion, should be rated as very successful. The venue was filled to capacity with exhibitors as well as an appreciative crowd of people seeking information on organisations and products to enhance life in latter years. Our Branch was represented by our President, Secretary, Treasurer, Manager of Activities, and a committee member. We were able to hand out our newsletter and other pamphlets as well as to engage with many people about our meetings and activities in the hope that a few might visit us at a general meeting and also to become members of NSA.

Contacts for NSA Brighton Branch:

President: Maureen Cook 0414 454 970 or cookmaureen43@gmail.com; **Vice President:** vacant;
Secretary: Julie Hockley 0410 053 973 or brightonseniorsnsa@gmail.com; **Treasurer:** Marilyn Smith 0481 399 729 or marcoladelaide@gmail.com; **Newsletter:** Shirley Golding 0417 408 615 or freewill@bigpond.net.au; **Branch Activities:** Graham Gurry 8296 7646, **Welfare Officer:** Lyndall Ingram; **Guest Speaker Coordinator:** vacant; **Committee Members:** Hans Broweleit, Brenton Coad 0402 414 211, Brian Hockley, Loretta Schubert and Heather Williams.

