

July 2026



Joondalup WA Inc

Est Nov 2001

Joondalup branch is supported by the City of Joondalup.

NSA is an advocacy group for the over 55's representing issues at WA and National levels.

[https://nationalseniors\[stop\]com\[Stop\]au/advocacy/advocacy-wins](https://nationalseniors[stop]com[Stop]au/advocacy/advocacy-wins)

If you have an issue, you would like the NSA Policy Group to consider fill out the online form to start the process.

www.nationalseniors.com.au/research/share-your-story

The Joondalup Branch is having its Annual General Meeting 11 August.

Request for nominations to be included in next Newsletter and at next meeting.

All materials used in morning tea is refunded through the placement of the receipt into the box on the outings table. Please put your name on the receipt. If you haven't done it before I will also need a bank name, BSB Number and Account Number.

July

10:00 AM Tuesday 7 July Dome, 34/950 Wanneroo Rd, Wanneroo Central Shopping Centre, Wanneroo

10:00 AM Tuesday 14 July Connolly Community Centre:

All members are to bring small plate for morning tea, meeting fee to be waived as a result. The raffle will still operate!

John Rando; who is a retired barrister & solicitor will talk about his time in the law, existential philosophy, social science and an 'accidental influencer'

12:00 Wed 22 July Christmas in July Cornerstone Ale House, Kingsbridge Blvd & Wadhurst Rd, Butler

August

10:00 AM Tuesday 4 August Dome, 7/74 Delamere Ave, Currambine

July 2026

10:00 AM Tuesday 14 July Connolly Community Centre: Stay on Your Feet community organisation will present on reducing our risk of falls and supporting healthy aging.

09:00 Wed 20 August Araluen Botanic Park. Meet at the Connolly Community Centre to leave at 09:00. It costs \$25 and you must bring your morning tea and lunch or buy it there.

[https://araluenbotanicpark\[stop\]com\[stop\]au/](https://araluenbotanicpark[stop]com[stop]au/) Type in this address but replace [stop] with '.' Without the inverted commas. There is a map of the park. Please pay using either a bank transfer or cash to the outings desk this month.

Bus trip to include Jadran Wines on the way back to the Connolly Community Centre. [https://www.jadranwines\[stop\]com/](https://www.jadranwines[stop]com/) and select the price list on the pull down menu.

Walking Group

The July walking list email was sent out on Any Issues please contact Alan 0457 437 313

Welfare

Please advise Ruth if you know anybody who is sick or in hospital 0481 573 646.

Fundraising

\$162.90 has been raised by the donation of bottles.



CHECK FOR THE 10¢ MARK. YOU MUST REMOVE THE CAPS and bring them in a separate bag so that the caps can be recycled as well.

It's easy to save your 10¢ containers from general waste so they can live another life — just check for the 10¢ mark!

Most plastic and glass bottles, as well as drink cartons, cans and pouches, that are 150ml to 3L are accepted.

You can receive a refund for:



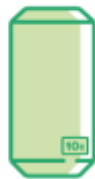
Plastic Bottles

Water bottles, soft drinks, juice bottles, flavoured milk bottles, and sports drinks.



Glass Bottles

Water, beer, pre-mixed spirits, and soft drink.



Drink Cans

Soft drink, carbonated beverages, energy drinks, beers, and pre-mixed spirits.



Drink Cartons

Flavoured milk cartons, juice cartons, juice boxes, boxed water.



Other

Juice pouches and water casks.

Bottle lids

We recycle 10c container lids, too. Separate lids from your containers and bring them with you to the refund point, or leave them on. It's up to you!



NEW!

WINE & SPIRIT BOTTLES

Wine in glass and plastic containers, and spirits.



NEW!

JUICE & CORDIAL BOTTLES

All fruit and vegetable juice, and cordial containers.



NEW!

DRINK CARTONS

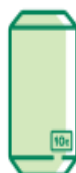
Flavoured milk cartons, juice cartons, juice boxes, and water cartons.



GLASS BOTTLES

Water, beer, pre-mixed spirits, and soft drinks.

DRINK CANS



Soft drinks, carbonated beverages, energy drinks, beers, and pre-mixed spirits.

Comedy



"Well, look at that! The store across the street has the same binoculars for \$15 less."



"Nice try!"



Paying NSA Joondalup for outings, trips etc.

Wherever possible, use electronic banking National Australia Bank which is **BSB 086 495** Account number **567 060 215**. Please include the purpose of the payment in comments. You can transfer the money at your bank. **Cash payments must be in an envelope** labelled with your name and what the money is for. Place in the suggestion box at the meeting. There is no change available.

Receipts: Please collect them from the indexed box on the outings desk, within 2 meetings or they will be destroyed.

NSA Joondalup emails. If you are not receiving the newsletter, agenda, minutes, treasurer's reports and walking group emails please contact Alan, Treasurer at the meeting.

Web & email addresses.

To prevent our newsletter being sent to spam, all links contain 'dot'. Type the address with ' .' instead of [dot]. Similarly with email addresses replace the 'at' with @.

The Committee for 2025 – 2026

President	Paul Johnson 0412 073 358	V President	Aurora Stergiou 0448 784 909
Secretary	Deb Duffy	Treasurer	Alan Hughes
Speaker Organiser	Trish Eardley	Committee Members	Margaret Newton Ruth Read Aurora Stergiou Elsie Tester Julie Todd
Walking Group/ Newsletter/BNF	Alan Hughes 0457 437 313		
Refreshments	Heather Cleaver Teresa Goring	Welfare	Ruth Read 0481 573 646.

If you wish to contact the Committee, please use NSA.Joondalup@gmail.com or ring a Committee Member. If you wish to unsubscribe to our emails ask to unsubscribe to the above address.