

April 2026

# National Seniors Joondalup WA Inc

AUSTRALIA

Joondalup branch is supported by the City of Joondalup.

**NSA is an advocacy group for the over 55's representing issues at WA and National levels.** If you have an issue that you would like the NSA Policy Group to consider fill out the online form to start the process.  
[www.nationalseniors.com.au/research/share-your-story](http://www.nationalseniors.com.au/research/share-your-story)

## April

**10:00 AM Tuesday 7 April** – Dome 66 Creaney Dr Kingsley.  
Nominations at the prior meeting or SMS Aurora 0448 784 909

**10:00 AM Tuesday 14 April** – music from Paul Spencer, followed by pizza lunch

## May

**10:00 AM Tuesday 5 May Dome** 7/74 Delamere Ave, Currambine

**10:00 AM Tuesday 12 May Advocare**

Advocare will present information on:

- Elder abuse
- Planning for the future
- Staying safe
- Advocare program

## Outing

**Thursday 21 May `Our 25th anniversary at Currambine Bar and Bistro**

## Walking Group

An email should have been sent as to the walks for March by now. I will return after the first Monday.

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## Welfare

Please advise Ruth if you know anybody who is sick or in hospital  
0481 573 646.

## Fundraising



**CHECK FOR THE 10¢ MARK. YOU MUST REMOVE THE CAPS and bring them in a separate bag so that the caps can be recycled as well.**

Most plastic and glass bottles, as well as drink cartons, cans and pouches, that are 150ml to 3L are accepted.

This includes:

- Most single-serve water and cool drink containers up to and including 3L.
- Most single-serve alcohol containers, like beer bottles and pre-mixed spirits.
- Flavoured milk containers that are 150ml to 999ml.
- Coconut water, pure fruit, or vegetable juice containers that are 150ml to 999ml.

You can bring them to a meeting for Ruth or take them to one of their depots. **National Seniors Australia C10352263** is our registration, and it automatically deposits their donation into our account.

## Comedy

Wait for next month

## Paying NSA Joondalup for outings, trips etc.

**Wherever possible, use electronic banking National Australia Bank** which is **BSB 086 495** Account number **567 060 215**. Please include the purpose of the payment in comments. You can transfer the money at your bank. **Cash payments must be in an envelope** labelled with your name and what the money is for. Place in the suggestion box at the meeting. There is no change available.

**Receipts: Please collect them from the indexed box on the outings desk, within 2 meetings or they will be destroyed.**

**NSA Joondalup emails.** If you are not receiving the newsletter, agenda, minutes, treasurer's reports and walking group emails please contact Alan, Treasurer at the meeting.

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**Web & email addresses.** To prevent our newsletter being sent to spam, all links contain 'dot'. Type the address with '.' instead of [dot]. Similarly with email addresses replace the 'at' with @.

### **The Committee for 2025 – 2026**

President	Paul Johnson 0412 073 358	V President	Aurora Stergiou 0448 784 909
Secretary	Deb Duffy	Treasurer	Alan Hughes
Speaker Organiser	Trish Eardley	Committee Members	Margaret Newton Ruth Read Aurora Stergiou Elsie Tester Julie Todd
Walking Group/ Newsletter/BNF	Alan Hughes 0457 437 313		
Refreshments	Heather Cleaver Teresa Goring	Welfare	Ruth Read 0481 573 646.

If you wish to contact the Committee, please use [NSA.Joondalup@gmail.com](mailto:NSA.Joondalup@gmail.com) or ring a Committee Member. If you wish to unsubscribe to our emails ask to unsubscribe to the above address.