

National Seniors AUSTRALIA

Joondalup WA Inc

Joondalup branch supported by the City of Joondalup.

NSA is an advocacy group for the over 55's representing issues at WA and National levels. If you have an issue that you would like the NSA Policy Group to consider fill out the online form to start the process.
www.nationalseniors.com.au/research/share-your-story



10:00 am Tuesday 3 February 950

Wanneroo Rd Wanneroo

10:00 am Tuesday 3 March 6 Wadhurst Rd Butler

Nominations at the prior meeting or SMS

Aurora 0448 784 909

Speakers

10:00 AM Tuesday 10 February, Emma Clarke Community Development Officer.

First Meeting of 2026.

10:00 AM Tuesday 10 March Alison Cook, Red Cross Migrant Service

Please arrive between 09:30 – 10:00, to allow for processing of your attendance \$5 per person except a new person's first visit which is free.

Outings



Saturday 14 Feb 2026 6.00 – 9:00 pm A Night on Bayview

popular classics 7 – 9 pm. Free, including transport & parking

Bring or buy dinner.

Yanchep - Claremont – Yanchep					
Depart	Location	Bus	Depart	Location	Bus
16:28	Yanchep		21:17	Claremont Park	
16:33	Eglinton		21:23	Claremont Stn	
16:36	Alkimos		21:32	Perth Platform 8	
16:39	Butler		21:41	Perth Ug	
16:44	Clarkson		21:45	Stirling	
16:47	Currambine		21:48	Warwick	
16:50	Joondalup		21:51	Greenwood	

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16:53	Edgewater		21:54	Whitfords	
16:57	Whitfords		21:57	Edgewater	
17:00	Greenwood		22:00	Joondalup	
17:03	Warwick		22:04	Currambine	
17:07	Stirling		22:10	Clarkson	
17:18	Perth Ug		22:13	Butler	
17:30	Perth Platform 7		22:16	Alkimos	
17:44	Claremont Stn		22:21	Eglinton	
17:52	Claremont Park		22:21	Yanchep	

You can catch the front of the second carriage. Bring a picnic tea, and clothing for a strong sea breeze and a folding chair. Alternatively, you can park in Leura Av Claremont which is 26 – 35 min 34 km from Hodges Dr Connolly one way.

12:00 Thursday 19 February Currambine Bar & Bistro 14
Hobsons Gate Currambine

19:00 – 21:00 Saturday 21 February WASO

Mandurah Railway Line Weekend Closure

Fri 20 Feb - Sun 22 Feb. The Mandurah Line will be disrupted from Elizabeth Quay to Aubin Grove. Car: 50 min – 1 hour, 70 km each way if you drive from Hodges Drive, Connolly

Yanchep - Rockingham Village Green					
Depart	Location	Bus	Depart	Location	Bus
15:58	Yanchep		21:19	Village Green	<i>Walk</i>
16:03	Eglinton		21:20	<i>Stop 17241 Flinders lane</i>	<i>551</i>
16:06	Alkimos		21:35	Rockingham Stn	
16:09	Butler		22:10	Elizabeth Quay	
16:14	Clarkson		22:17	Perth Ug	
16:17	Currambine		22:26	Stirling	
16:20	Joondalup		22:30	Warwick	
16:23	Edgewater		22:33	Greenwood	
16:27	Whitfords		22:36	Whitfords	
16:30	Greenwood		22:39	Edgewater	
16:33	Warwick		22:42	Joondalup	
16:37	Stirling		22:45	Currambine	
16:48	Perth Ug		22:49	Clarkson	
16:52	Elizabeth Quay		22:55	Butler	
17:45	<i>Rockingham stn Stand 3</i>	<i>555</i>	22:58	Alkimos	
17:56	<i>17240 Flinders Ln/Emma St</i>	<i>Walk</i>	23:01	Eglinton	
18:03	Village Green		22:06	Yanchep	

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Walking Group

An email should have been sent as to the walks for February by now.

Welfare

Please advise Ruth if you know anybody who is sick or in hospital
0481 573 646.

Fundraising



CHECK FOR THE 10¢ MARK. YOU MUST REMOVE THE CAPS and bring them in a separate bag so that the caps can be recycled as well.

Most plastic and glass bottles, as well as drink cartons, cans and pouches, that are 150ml to 3L are accepted.

This includes:

- Most single-serve water and cool drink containers up to and including 3L.
- Most single-serve alcohol containers, like beer bottles and pre-mixed spirits.
- Flavoured milk containers that are 150ml to 999ml.
- Coconut water, pure fruit, or vegetable juice containers that are 150ml to 999ml.

You can bring them to a meeting for Ruth or take them to one of their depots. **National Seniors Australia C10352263** is our registration, and it automatically deposits their donation into our account.

Comedy

The Hearse Song

Harley Poe

Don't ever laugh

As a Hearse goes by

For you maybe the next to die

They wrap you up

In a big white sheet

From your head down to your feet

They put you in a big black box

And cover you up with dirt and rocks

And all goes well

For about a week

And then your coffin begins to leak

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And the worms crawl in, the worms
crawl out

The worms play ping pong on your
snout

They eat your eyes, they eat your nose

They eat the jelly between your toes

A big green worm with rolling eyes

Crawls in your stomach and out your
eyes

Your stomach turns a slimy green

And puss comes out like whipping
cream

You spread it on a slice of bread

And that's what you eat when you are
dead

And the worms crawl out and the
worms crawl in

The worms that crawl in are lean and
thin

The ones that crawl out are fat and
stout

Your eyes fall in and your hair falls out

Your brain comes tumbling down your
snout

Your worms crawl in, the worms crawl
out

They crawl all over your dirty snout

Your chest caves in and your eyes
pop; out

Your brain turns to sauerkraut

They invite their friends, and their
friends too

They all come down to chew on you, I
hope you had a nice goodbye

Did you ever think as a Hearse goes
by

That you may be the next to die

And all your eyes fall out and your
teeth decay

And that is the end of a perfect...day

Paying NSA Joondalup for outings, trips etc.

Wherever possible, use electronic banking National Australia Bank which is **BSB 086 495** Account number **567 060 215**. Please include the purpose of the payment in comments. You can transfer the money at your bank. **Cash payments must be in an envelope** labelled with your name and what the money is for. Place in the suggestion box at the meeting. There is no change available.

Receipts: Please collect them from the indexed box on the outings desk, within 2 meetings or they will be destroyed.

NSA Joondalup emails. If you are not receiving the newsletter, agenda, minutes, treasurer's reports and walking group emails please contact Alan, Treasurer at the meeting.

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Web & email addresses. To prevent our newsletter being sent to spam, all links contain 'dot'. Type the address with '.' instead of [dot]. Similarly with email addresses replace the 'at' with @.

The Committee for 2025 – 2026

President	Paul Johnson 0412 073 358	V President	Aurora Stergiou 0448 784 909
Secretary	Deb Duffy	Treasurer	Alan Hughes
Speaker Organiser	Trish Eardley	Committee Members	Lyn Clark Margaret Newton Ruth Read Aurora Stergiou Elsie Tester Julie Todd
Walking Group/ Newsletter/BNF	Alan Hughes 0457 437 313		
Refreshments	Heather Cleaver Teresa Goring	Welfare	Ruth Read 0481 573 646.

If you wish to contact the Committee, please use NSA.Joondalup@gmail.com or ring a Committee Member. If you wish to unsubscribe to our emails ask to unsubscribe to the above address.