

April 2026

National Seniors Joondalup WA Inc

AUSTRALIA

Joondalup branch is supported by the City of Joondalup.

NSA is an advocacy group for the over 55's representing issues at WA and National levels. If you have an issue, you would like the NSA Policy Group to consider fill out the online form to start the process.
www.nationalseniors.com.au/research/share-your-story

May

10:00 AM Tuesday 5 May Dome, 7/74 Delamere Ave, Currambine

10:00 AM Tuesday 12 May Speaker: Advocare

Advocare will present information on:

- Elder abuse
- Planning for the future
- Staying safe
- Advocare program

10am - 1pm, Wednesday 13 May Seniors Lifestyle Expo, Percy Doyle Reserve Community Sporting Facility, Duncraig

12:00 pm Thursday 21 May `Our 25th anniversary at Currambine Bar and Bistro. Final nominations 12 May. Paul to give brief speech acknowledging all who have been involved over the years. Past members may come provided they pay for their meal.

10:00 AM Tuesday 2 June Dome, Hillarys Boardwalk shop 209/86 Southside Dr., Hillarys

8 June: Stuart Usher, a regular and popular presenter, will present "Cameras in Captivity: Photos in Changi Prison".

12:00 pm 18 June Happy Kitchen, Shop 22/153 Trappers Drive, Woodvale,

Walking Group

The May walking list email was sent out on Wednesday 29 April 2026

Welfare

Please advise Ruth if you know anybody who is sick or in hospital
0481 573 646.

Fundraising

\$126 has been raised by the donation of bottles.



CHECK FOR THE 10¢ MARK. YOU MUST REMOVE THE CAPS and bring them in a separate bag so that the caps can be recycled as well.

Most plastic and glass bottles, as well as drink cartons, cans and pouches, that are 150ml to 3L are accepted.

This includes:

- Most single-serve water and cool drink containers up to and including 3L.
- Most single-serve alcohol containers, like beer bottles and pre-mixed spirits.
- Flavoured milk containers that are 150ml to 999ml.
- Coconut water, pure fruit, or vegetable juice containers that are 150ml to 999ml.

You can bring them to a meeting for Ruth or take them to one of their depots. **National Seniors Australia C10352263** is our registration, and it automatically deposits their donation into our account.

Comedy

Please control click [Just for Laughs](#)

Paying NSA Joondalup for outings, trips etc.

Wherever possible, use electronic banking National Australia Bank which is **BSB 086 495** Account number **567 060 215**. Please include the purpose of the payment in comments. You can transfer the money at your bank. **Cash payments must be in an envelope** labelled with your name and what the money is for. Place in the suggestion box at the meeting. There is no change available.

Receipts: Please collect them from the indexed box on the outings desk, within 2 meetings or they will be destroyed.

NSA Joondalup emails. If you are not receiving the newsletter, agenda, minutes, treasurer's reports and walking group emails please contact Alan, Treasurer at the meeting.

April 2026

Web & email addresses. To prevent our newsletter being sent to spam, all links contain 'dot'. Type the address with '.' instead of [dot]. Similarly with email addresses replace the 'at' with @.

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The Committee for 2025 – 2026

President	Paul Johnson 0412 073 358	V President	Aurora Stergiou 0448 784 909
Secretary	Deb Duffy	Treasurer	Alan Hughes
Speaker Organiser	Trish Eardley	Committee Members	Margaret Newton Ruth Read Aurora Stergiou Elsie Tester Julie Todd
Walking Group/ Newsletter/BNF	Alan Hughes 0457 437 313		
Refreshments	Heather Cleaver Teresa Goring	Welfare	Ruth Read 0481 573 646.

If you wish to contact the Committee, please use NSA.Joondalup@gmail.com or ring a Committee Member. If you wish to unsubscribe to our emails ask to unsubscribe to the above address.