October 2026

National Seniors AUSTRALIA

Joondalup WA Inc

Est Nov 2001

Joondalup branch is supported by the City of Joondalup.

NSA is an advocacy group for the over 55's representing issues at WA and National levels.

https://nationalseniors[stop]com[Stop]au/advocacy/advocacy-wins

If you have an issue, you would like the NSA Policy Group to consider fill out the online form to start the process.

www nationalseniors com au/research/share-your-story

Please remember to bring a reusable cup to General Meetings

For General Meetings please bring $5 cash per person unless you are a first time visitor.

For those going to Pinjarra, please either pay electronically or bring your $20 for members to the October meeting.



Araluen bus trip

October





Sandon Park, Salter Point Walk

10:00 Tuesday 6 October– Dome, Shop 209 Hillarys Boardwalk Hillarys Boat Harbour

10:00 Tuesday 13 October – **Jim Egan** will present on Irish Bride Ships, Irish women who left their homeland for Western Australia in the wake of the great famine.

Bloom 6.30 – 9.15pm in Central Park Sunday to Wednesday Adult $16.50 / Thursday to Saturday Adult $19.50

For those who enjoyed (or missed!) Bloom Joondalup last year, it is back with Living Connections, an all-new Luna Light Journey where light, sound and nature bloom after dark. It is on nightly from 26 September to 25 October 2026. Featuring holographic wildlife, projection, lasers, interactive installations and immersive storytelling, Bloom invites visitors of all ages to explore nature in a whole new way.

Booking information
at https:[slash][slash]www.joondalup.wa.gov.au[slash]whats-on[slash]events-calendar[slash]bloom-joondalup

09:00 Wednesday 28 October. This is a bus outing with morning tea in Mandurah and lunch at the Exchange Hotel. Price will be announced at the General Meeting.

www[Stop]exchangehotel[Stop]com[Stop]au

November

10:00 3 November Dome 66 Creaney Dr, Kingsley

10:00 10 November Alan Naber will present on the Camino Santiago Pilgrim Walk.

12:00 Thursday 19 November Something Italian 5/4 Hughie Edwards Dr, Merriwa.

December

12:00 Tuesday 8 December – Save the Date for the Christmas Lunch at Cornerstone Ale House.

There are no General Meetings in December and January.
Alan is organising a dinner in Bunbury. The idea is to catch the Australind train to Bunbury to achieve this hopefully on Tuesday 12 January. The train ticket is $18 return and you will have to pay for your lunch.

Walking Group

The October walking list email was sent out on Any Issues please contact Alan 0457 437 313

Welfare

Please advise Ruth if you know anybody who is sick or in hospital 0481 573 646.

Fundraising

CHECK FOR THE 10¢ MARK. YOU MUST REMOVE THE CAPS and bring them in a separate bag so that the caps can be recycled as well.

It's easy to save your 10¢ containers from general waste so they can live another life — just check for the 10¢ mark!

Acceptable

Most plastic and glass bottles as well as drink cartons, cans and pouches that are between 150 ml and 3 litres

Water bottles, cool drinks, juice bottles flavoured milk bottles and sports drinks in plastic bottles.

Water, beer, pre-mixed spirits, and soft drink in glass or plastic containers.

Flavoured milk, juice cartons and boxed water

Wine in glass or plastic containers, Spirits

All fruit and vegetable juice and cordial containers will be accepted

A separate container containing lids will be accepted.

Freight Train Ride from North Quay to Avon Yard, Northam

North Quay to Cockburn East
https://www.youtube.com/watch?v=6rTmvVpcheg

Cockburn East to Forrestfield

https://www.youtube.com/watch?v=GJaSSTOZiYI

Forrestfield to Avon Yard, Northam

https://www.youtube.com/watch?v=HJ-eJ1Oyzog

Paying NSA Joondalup for outings, trips etc.

Joining and renewing is done directly with Head Office NationalSeniorsAustralia**[stop]com[stop]au** or 1300 76 5050

Wherever possible, use electronic banking National Australia Bank which is **BSB 086 495** Account number **567 060 215**. Please include the purpose of the payment in comments. You can transfer the money at your bank. **Cash payments must be in an envelope** labelled with your name and what the money is for. Place in the suggestion box at the meeting. There is no change available.

Receipts: Please collect them from the indexed box on the outings desk, within 2 meetings or they will be destroyed.

NSA Joondalup emails. If you are not receiving the newsletter, agenda, minutes, treasurer's reports and walking group emails please contact Alan, Treasurer at the meeting.

Web & email addresses.

To prevent our newsletter being sent to spam, all links contain 'dot'. Type the address with ' .' instead of [dot]. Similarly with email addresses replace the 'at' with @.

The Committee for 2026 – 2027

President	Paul Johnson 0412 073 358	V President	Aurora Stergiou 0448 784 909
Secretary	Deb Duffy[/ Margaret Newton	Treasurer	Heather Cleaver
Meeting Entry	Margaret Newton[/ Julie Todd	Speaker Organiser	Trish Eardley/ Julie Todd
Refreshments	Heather Cleaver Teresa Goring	Walking Group/ Newsletter	Alan Hughes 0457 437 313
Outings	Aurora Stergiou/ Ruth Read	Welfare	Ruth Read 0481 573 646.
Branch Network Forum	Elsie Tester/ Alan Hughes		

If you wish to contact the Committee, please use

NSA.Joondalup@gmail[stop]com or ring a Committee Member. If you wish to unsubscribe to our emails ask to unsubscribe to the above address.