

## November 2025

### • Brighton Branch Meetings Next Meeting Tuesday 18th November

Our Branch Meetings are held on the 3<sup>rd</sup> Tuesday of each month, except for December when we do not have a meeting. Meeting at the Lighthouse Community Church, cnr Jetty Road & The Crescent, Brighton, the beach side of the railway line. Meeting starts at 10am, so arrive from 9.30am. Door entry is \$5, and this includes morning tea and a chance to win a door entry prize.

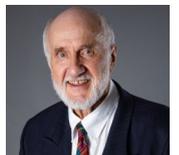
Payment for Subscriptions and Outings can be made by: (a) cash at a club meeting: (b) credit card payments - available at Branch meetings or: (c) **Electronic Funds Transfer (EFT)** direct to the Branches Account (Bank SA). **BSB: 105-042 Account No. 0579 62340 Account Name: National Seniors Brighton.** Please include your name and reason for payment in the description / reference field. Also please send an email to: **Marilyn Smith at [marcoladelaide@gmail.com](mailto:marcoladelaide@gmail.com)** once the transfer has been completed.

There is a lunch each month after the meeting and an Anniversary Lunch in July/August plus a Christmas Lunch. Note: Name badges and Emergency Cards should be worn at all Branch Meeting and Activities .

### Happy Seniors are we - Come, join us and see

• **Lunch After this Months Meeting** is at Warradale Hotel, 234 Diagonal Road, Warradale. If you do wish to attend, please put your name on the sheet on the back table at the meeting, so we can advise the hotel of the number of members attending.

• **NSA Brighton Branch Meeting Tuesday 18th November - Professor Richard Bruggemann, Disability Advocate** 2021 SA SENIOR AUSTRALIAN OF THE YEAR - Professor Bruggemann is continuing to make a difference to the lives of people living with an intellectual disability. Throughout his career, he has provided expert advice to governments on disability services, legislation, inclusion and rights. He is a dedicated volunteer, and is a prolific writer on topics of concern for the disability community.



### • Past Activity - Last Meeting Tuesday 21st October the Molfettese Singers

A talented Italian heritage group who perform a variety of songs where our active members were invited to sing along with them.

### • Zone 110 Annual General Meeting - Thursday 30th October at 10am

Many members from the 5 NSA Branches in South Australia were in attendance with Zone Chair Ed Staunton and Secretary Kathy Hancock being elected for another year. A welcome was extended to CEO of NSA Head Office Chris Grice. This important event brings together branch committee members and branch members to share updates, connect and plan for the year ahead. A lovely morning tea was supplied by the NSA Adelaide North West Branch.



### • Two New Committee Members

At the last meeting President Maureen Cook asked members for nominations to become "General Committee Members" and we are very happy to announce Clare Manning and Brenton Coad volunteered for these positions.

- **The Walking Group**

There is an active Walking Group, which meets every Tuesday, except when there is a Branch Meeting, and the walk is on the following day. The next walk Wednesday 19th November then Tuesday 25th November. If you would like to join in any of the weekly walks, contact either **Barbara Hansen 0448 223 075** or **Rose Cearns 0405 537 910**.

- **Important Date for your Diary - Wednesday 10th December**

**Christmas Lunch at Seacliff Beach Hotel** - Book for this event at the Branch Meeting - cost is \$45 for Members and \$50 for visitors.



Arrive from 11.45am - Main course turkey & veg or barramundi & veg.

Dessert plum pudding & custard or fruit salad & ice cream. Please advise your meal requirements when booking. On the day you will be given two coloured cards showing what meals you ordered. Put these on table in front of where you are sitting. Many raffle items are available, support your Branch by purchasing these tickets - cash preferred for raffle please. **Start Collecting Items to contribute to the Christmas Raffle, donations can be brought to the Branch Meetings.**

- **Catering** Many thanks again go to the two coordinators and their helpers for morning tea at Branch Meetings, any help from members is most welcome - don't forget to take your own mug which helps considerably with not using throw-away Cups.

- **Movie lovers monthly event at the Mercury Cinema** - The Mercury cinema has Silver Screen shows, curated for seniors, every Tuesday and Friday at 10am and 2pm as well as Sundays at 1pm and 3pm. Each show offers coffee or tea with biscuits. The next special morning tea event, sponsored by Retire Australia, is on Friday 19 December. The movie is a documentary on the remarkable life of New Zealand Prime Minister Jacinda Ardern. No need to book, just come to the Mercury, in Morphett Street, CBD and meet in the foyer.

- **Next Meeting Tuesday 20th January 2026 Dr Chris Bollen**

Following the success of the last visit by Dr Bollen (and his wife, Jane) he is again generously giving his time to be our guest speaker, this time on the subject of **"Memory Loss - The Scourge of Alzheimer's"**.

- **Lunch Date for your diary Thursday 29th January 2026 - Lockleys Hotel** 493 Henley Beach Road, Fulham. Time: 12.30pm. Check out the long lasting renovations now they are complete. Usual pub prices with extensive Seniors Menu.

- **Contacts: NSA Brighton Branch:**

President: Maureen Cook 0414 454 970 [cookmaureen43@gmail.com](mailto:cookmaureen43@gmail.com);

Vice President: Vacant;

Secretary: Julie Hockley 0410 053 973 [brightonseniorsnsa@gmail.com](mailto:brightonseniorsnsa@gmail.com);

Treasurer: Marilyn Smith 0481 399 729 Newsletter: Christine Jackson 0438 907 304

Branch Activities: Graham Gurry 8296 7646

Committee Members: Hans Broweleit; Brenton Coad; Brian Hockley; Lyndall Ingram; Clare Manning; Loretta Schubert and Heather Williams