

NATIONAL SENIORS AUSTRALIA

TOOWONG BRANCH

PO Box 2284, Toowong, Qld. 4066

NEWSLETTER FOR MONTH OF AUGUST 2026

Committee Contacts

President/New Editor/Tour Officer Bruce Phone No 32782217 Mobile No 0417448942

Secretary/Treasurer Judy Phone No 0407673713

Vice President Terry

Membership Officer Pat Phone No 0418787692

Committee Member

News Editor's email address burrowesdaly1919@gmail.com

Meetings held 4th Tuesday of each month January to November at the Toowong Library Meeting Room

Start time is 9.00am for 9.15am. Guest speaker will be followed by a short general meeting and then morning tea.

An entry fee of \$4 applies which includes morning tea and a lucky door prize.

Regular guest speakers

Also, Regular Tours and Get Togethers

National Seniors Australia contact details membership Phone no 1300765050

National Seniors Australia contact details other enquiries 32339191 between 8.30am – 5.00pm

National Seniors Australia membership email address membershipmail@nationalseniors.com.au

National Seniors Australia web site www.nationalseniors.com.au and fill out the membership form

TODAYS MEETING

25 August 2026 The Manager Darryl from the Commonwealth Bank Toowong on scams and how to avoid them.

FUTURE MEETINGS AND TOURS

General Meeting

22 September 2026 Trip to Royal Historical Society Commissariat Store William Street. Timetable to come later Cost is \$11 pp Adult \$9 pp Concession to enter payable on day. Please advise me if you are coming by the August meeting.

27 October 2026 Gary Lock from Technology Pain talking on technology For Seniors

24 November 2026 Christmas Luncheon to be at Women's College and will cost \$40 pp. Taxis will be provided from the Toowong Village Shopping Centre departing at 11.00am. Could we please have names as soon as possible and if you could pay perhaps at the August meeting or September outing would be appreciated otherwise at least by October meeting as we do have to pay a large deposit by 26 August.

Could all members, if unable to come to a general meeting, please advise your apologies to either Judy or Bruce so that we can judge how many might be at our meetings.

TOURS

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Could all members please wear their badges to the meetings? If you do not have one, please see Pat and she will arrange one for you

Other Organizations

If you are interested in history, please see the editor for future meetings as well.

For all those interested in old buses, a Bus Museum has opened to the General public on the first Saturday of each month from February to April and September to November and the first Sunday of each month from May to August. If interested, please see the editor.

Please if anyone has any ideas of what you would like for your newsletter, please let the editor know so that we can incorporate them. Remember if you have any little poems or verses, please give them to your editor as due to his young age he doesn't have very many. So, if anyone has any please let me know. All items will be acknowledged. Also, if you wish to announce any society meetings that are to coming up, please advise the editor.

Birthdays for the Month of August are Nina Page. Please advise the editor if I have missed anybody.

Could members please let me know of their birthday months as we have a number of new members and I don't have all the birthdays.

Please remember to tell all your family and friends about our meetings and outings and to invite them along as well. Remember when you bring a friend along to our meeting, they can enter for free for the first meeting. We are only as strong as our membership and the more we have the merry we become. If you know of any person who has trouble getting to the meetings but would like to come, please advise your committee, as we might be able to assist in the transport of these future members. Please also mention us to any other groups or organization that you might belong to and see if anyone would like to come along.

Here are some contact numbers of some speakers that we have had that you might need.

Seniors Enquiry Line 1300135500 Monday to Friday 9am to 5pm

Elder Abuse Prevention Unit 1300651192

My Health for Life 137475

Caxton Community Legal Centre 32146333

Indooroopilly Police Station 33779421 But Remember if Urgent ring 000

Please also check if your membership is up to date. We can help you with that.

Membership is \$49.50 for a single or \$80 joint per year.

If you take 2, 3 or 5 years there is a small discount.

This month's piece is from a joke book I have

The Villager on his first trip to the city was waiting at a bus stop one morning. After some hesitation he asked a woman, "Which bus should I take for Mahim?" "Bus Number 177," the woman replied, and caught the next bus. The same evening, the woman got off a bus at the same stop and found the villager still waiting. "Didn't you get the bus to Mahim?" she exclaimed. "Not yet" he said wearily. "So far 168 buses have come and gone – eight more before mine arrives."

National Seniors Discounts

Coles Supermarket eGift card save 4% when purchased online.

Woolworths Supermarket eGift cards save 4% when purchased online.

Both Dan Murphy's and BWS offer 5% off eGift cards when purchased online

K Mart and Target eGift cards save 5% when purchased online.

Mycar Receive 5% off on all servicing, repairs, and tyres in the Tyre Care Plan range.

Specsavers 25% of 1 pair of glasses from the \$149 range and above

1300smiles Dentist 10% of any treatment

Dymocks eGift card saves 8% when purchased online

The Restaurant eGift Card save 7% when purchased on line

Pig N Whistle 25% off

Cheese Cake Shop 20% off

There are also many other eGift cards when purchased online. Check out the member discount section of National Seniors internet site.

National Seniors emails many items, one of those is Connect magazine. If you don't receive this, please let me know and I can let you know how to receive this by email.

Connect

If you are on email, you will often receive items from NSA Head Office. One of these is what use to be the old connect magazine. I have decided to put a few of these items here in short form.

1. Listen to Seniors for hospital delays
2. Are you noticing changes in your memory
3. Have your say on NSA Policy
4. Three 'free hours' of power could leave you worse off
5. Think carefully about reverse mortgage
6. Healthy brains for life
7. Age care rights
8. How to stay safe at home

Timetable for Royal Historical Society

Leave Guyate Park	9.53am
Leave Regatta	9.57am
Leave Milton	10.01am
Arrive North Quay	10.07am