

April 2026

Next Meeting – Tuesday 21 April 2026

Meeting Details:

- Branch Meetings are held on the 3rd Tuesday of the month from January to November at the Lighthouse Community Church, cnr Jetty Road and The Crescent, Brighton, on the beach side of the railway line. Meetings are from 10.00 am to 12.00 noon. Members should start to arrive from 9.30 am. Morning tea is between 10.30 am and 11.00 am. Guest Speaker or entertainment from 11.00 am to 12.00 pm. In July there will be a Branch Birthday Cake.
- In December there is a Christmas lunch instead of a meeting. This year it will be on Wednesday, 2 December 2026 at the Seacliff Beach Hotel, 221 Esplanade, Seacliff.
- Before the meetings begin, helpers are needed to put up trestle tables in the Church Hall and on the stage. This needs to be done soon after 9.15 am. Helpers are also needed to put the trestle tables back in the storeroom at the end of the meeting.
- Please bring your own cup or mug for morning tea. This reduces the need for throw away cups.
- Door entry fee is \$5.00 which includes morning tea and a chance to win a door prize.
- Name badges and Emergency Badges should be worn at all Branch Meetings and all activities.
- Minutes of the previous meeting are now being circulated with the current month's Newsletter. Members are able to read the minutes before voting to approve them which means that members who were unable to attend the meeting are now informed of the proceedings.



Lighthouse Community Church

Lunches After the Meetings:

- There is a lunch after every meeting at various venues. All lunches, including the Christmas lunch are at own expense. In August there will be a Birthday Lunch.
- This month's lunch after the meeting will be at the Morphet Arms Hotel, 138 Morphet Rd, Glengowrie.
- If you wish to attend, please put your name on the sheet at the back table at the meeting before 11.00 am. The lunch venue needs to be advised beforehand of the number attending the lunch.

Payments:

Payments for membership fees and outings can be made as follows:

1. Cash at branch meetings.
2. Credit card payments – available at branch meetings.
3. Electronic Funds Transfer (EFT) direct to the branch accounts at BankSA

BSB: 105-042 Account no. 0579 62340 Account name: National Seniors Brighton

Please include your name and reason for payment in the description/reference field.

Send an email to Marilyn Smith at marcoladelaide@gmail.com once the transfer has been completed.

If you use your card, Brighton Branch does not pass the merchant fee on to you.

Meeting on 17 March 2026:

- This was also St Patrick's Day. Quite a number of members wore something green. The photo of Lorraine Baker shows that she was totally in sync with the spirit of St Patricks, as was Heather Williams in the background - as they prepared for our Branch Meeting.
- Hot weather policy – due to the heatwave in late January 2026 the topic arose as to whether to hold future meetings if there is a heatwave on the day. A number of viewpoints were put forward by members, both for and against. This was subsequently discussed by the Committee which made the decision to leave the choice to members whether they attended on hot days.
- Attendance at the meeting was 58.

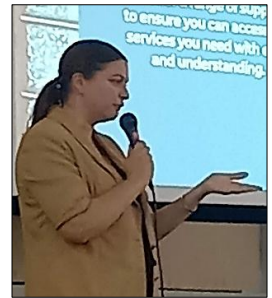


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Guest Speaker at March 2026 Meeting:

The guest speaker was Kathryn from **Life Care – Shaping Positive Lifestyles / Home Care & Support Services**. Her assistants were Cassandra (computer operator) and Alley (roving microphone lady). For 75 years, Life Care has and continues to serve older South Australians and Kathryn gave a very detailed presentation on the services it currently provides. Services provided are Support at Home, Nursing Services, Allied Health Services, Spiritual Services. Their web site is <https://lifecare.org.au/>. Also see <https://www.myagedcare.gov.au/>



Guest Speaker for April 2026:

Robin Jarman – topic "Life as a Professional Tour Director"

Our April guest speaker Robin Jarman was a school teacher in Adelaide for a number of years before moving to Canada to teach. After spending some years in Canada Robin decided that he would use his interest and experience in travel to become a professional tour director. He will tell us about his experiences in many of the places he has visited. This will include some of the positives and negatives of the touring business.



Forthcoming Activities and Events:

- **Wednesday 29 April 2026** – Seniors Expo at Club Marion. Open to public from 10.00 am to 1.00 pm.
- **Wednesday 13 May 2026** – **Movie – High Society** at Wallis Cinemas, 38-42 David Witton Dr, Noarlunga Centre. Starts at 10.30 am. Cost \$15.00. Pay at cinema.
- **Friday 15 May 2026** – **Mercury Cinema**, 13 Morphett Street, Adelaide, alongside the Morphett Street bridge, 100 metres south of the City West tram stop. **Movie is Nouvelle Vague**. 10.00 am Morning tea. 10.30 am movie. Cost \$12.00. Pay at cinema.
- **Friday 22 May 2026** – **Police Band in Concert, Capri Cinema**, 141 Goodwood Road, Goodwood. Arrive at 9.45 am for Morning Tea/Coffee/Biscuits. The Concert will be from 10.15 am to 12.15 pm. Cost \$10.00. Pay on the day. You can take the G10 Bus from Marion Shopping Centre or the tram to Goodwood Road stop and walk for a few minutes to the Capri Cinema.
- **Wednesday 17 June 2026** – **Movie – Follow the Fleet** (Fred Astaire and Ginger Rogers) at Wallis Cinemas, 38-42 David Witton Dr, Noarlunga Centre. Starts at 10.30 am. Cost \$15.00. Pay at cinema.
- **Thursday, 25 June 2026** – 12.30 pm - Lunch at the Belair Hotel, 141 Main Road, Blackwood. Drive there or take the train to Belair Station.

Walking Group:

There is an active Walking Group which meets every Tuesday, except when there is Branch Meeting. The group then walks on the following day. If you would like to join in any of the weekly walks, contact either **Barbara Hansen on 0448 223 075** or **Rose Cearnson on 0405 537 910**.

“The Gro_p without u is not complete”

Contacts for NSA Brighton Branch:

President: Maureen Cook 0414 454 970 or cookmaureen43@gmail.com; **Vice President:** vacant; **Secretary:** Julie Hockley 0410 053 973 or brightonseniorsnsa@gmail.com; **Treasurer:** Marilyn Smith 0481 399 729 or marcoladelaide@gmail.com; **Newsletter:** Shirley Golding 0417 408 615 or freewill@bigpond.net.au; **Branch Activities:** Graham Gurry 8296 7646, **Welfare Officer:** Lyndall Ingram; **Committee Members:** Hans Broweleit, Brenton Coad 0402 414 211, Brian Hockley, Loretta Schubert and Heather Williams.

