

MANAGEMENT COMMITTEE

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NEXT MEETING – Tuesday 9 March, 10AM at Kalamunda CoC Centre, 22 Mileti Rd Lesmurdie
GUEST SPEAKER – Dr Rob Ziegler representing *Council of the Ageing (COTA)* expounding on “Strength for Life.”

A last minute change of speaker at the February meeting may have caused some disappointment for some but Pat Hallahan’s willingness to step up one month ahead of schedule would surely have gladdened the hearts of all 54 members present on the day. Pat is an absolute guest speaker gem, as his repertoire includes all manner of side effects designed to keep the audience interested and entertained. His knowledge on anything historically associated with the Kalamunda district is outstanding and I do believe that we all learnt something about the area in which most of us live. He focused his talk on two things; Kalamunda guest houses and the Kalamunda Bus Company; all over a period from the early 1920’s to post world war 11. The hills area around Kalamunda became noted for its healing powers and people with medical conditions living in the Perth metropolitan area sought accommodation at the several guest houses that sprang up throughout the district. The distinctive maroon and black Kalamunda buses departed from Perth in St George’s Terrace and there to provide advice to travelers was chief inspector Fred Ayling. Pat’s intimate knowledge of everything associated with this period and his ability to impart it so clearly, made for a very entertaining hour. Pat is also such a lovely, personable, down to earth bloke that I’m sure there were many who would have liked more of his time.

The picture shows Pat during one of his skits, impersonating the role of chief inspector Fred Ayling giving advice to Maggie De Jonghe, acting the role of a guest house traveler from St George’s Terrace.



Monthly outings – Glenda Cullenane has been extremely busy on our behalf in organizing excursions through Club 55. We are off to a flying start on Thursday 18 March when we visit Port Bouvard/Mandurah. Morning tea will be at the Port Bouvard Winery and then on to Yalgorup National Park where we will see 600 million year old Thrombolites via a boardwalk. Lunch comprising Fish & Chips is at the Port Bouvard Marina. Please note: Payment of \$55 (correct money please) is expected at the March meeting.

The April outing Thursday 22 April has also been booked and on that day we will be visiting Yanchep/Two Rocks with lunch at the Yanchep Inn. More details to follow.

Old Age is a Bugger!! For the first time in 20 years this newsletter will arrive a little later than usual and that's because I have just spent the last 5 days in Murdoch St John of God Hospital. Not only that but this year started off on shaky ground with two cataracts being removed and a pacemaker inserted. On Monday 22 February I had an appointment with my Cardiologist who immediately said; Graeme you don't look too well and I am putting you straight into hospital. Following a truck load of tests and buckets of blood being extracted, not to mention kidney and bladder scans, heart examinations and an iron infusion; I finally escaped on Saturday afternoon whole and intact but decidedly shaky.

Chris Milne volunteered to write the Newsletter (for which I am grateful) but I didn't think you would mind receiving it a bit later than usual. After 20 years it's become something that I like to do.

So there's no doubt that your health is your wealth and I'm so grateful that I have Joyce in my life and a great team of medical experts looking after my inner well-being. I have booked another 20 years in order to receive a letter from the King and I hope that my positive mindset will see me achieve that goal.

In the mean time, keep well and keep smiling and I look forward to seeing you on Tuesday 9 March. Hopefully at that point we won't have to wear masks but morning tea will still be served in its basic form.

Please excuse the blank spaces; Chris is desperate to receive this document and I have run out of time.

GRAEME 😊

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CARPE DIEM

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