

NEXT BRANCH MEETING: Tuesday 14th November, 10am, at the Kalamunda Church of Christ Multifunction Centre, 22 Mileti Road, Lesmurdie. NOTE – THIS WILL BE THE LAST FORMAL BRANCH MEETING FOR 2023.

| MANAGEMENT COMMITTEE | |
|------------------------------|------------------------------------|
| Richard Arnold: President | Clare Arnold: Social Planner |
| 0407 945 465 | 0407 945 465 |
| Tony Crowder: Vice President | Maureen Moffett: Speaker Planner |
| 9257 2520 | 0427 084 422 |
| Chris Milne: Secretary | Noreen Townsend: Newsletter Editor |
| 0475 582 118 | 0418 952 076 |
| Patricia Skinner: Treasurer | Clive Riste: Committee Member |
| 0428 611 835 | 0419 044 611 |



GUEST SPEAKER

Volunteer 'John' from Guide Dogs W.A. will join us, along with Ambassador dog 'Eva', who loves meeting people and having pats and cuddles!

Yellow Dog donation tins will be available for those wishing to make a donation to this amazing organisation.

Activities planned for November, December and January.

Special Note: I wish to advise the members who travelled on the 3 day Vines and Valleys trip. Because we managed to still have some money in the account and with committee approval, we wish to return this to you, so can you please come and collect your refund from me at the November meeting. Clare

Spring Sausage Sizzle lunch Wednesday 22nd November 11.00 AM



We have booked the beautiful Romancing of the Stone Garden Cnr. Lillian and Hawtin Roads Maida Vale for this relaxing day. On arrival, time to enjoy a gentle walk-through Tom Hoggs beautiful garden before joining other members for a Sausage Sizzle lunch with salads and dessert. **Please bring your own drinks. Cost includes** Sausage Sizzle lunch and dessert.

Cost per person \$10.00. Please pay at November meeting.

Christmas lunch Tuesday 12th December 11.45 for 12 noon start.



Join fellow branch members at the Kalamunda Club for our Traditional 3 course Christmas lunch with 2 choice entree Prawn cocktail or chicken vola u vent, Turkey, Ham and roast vegies or grilled fish with lemon butter sauce and garden salad. Plus, Christmas plum pudding and custard or Pavlova with fruit and cream. As always, our favourite Santa's will be there to give everyone a Christmas gift. Cash Bar. **Cost per person \$50.00.**

Please pay at the November meeting.

Subsidised by your Branch.

Fremantle and Christmas lights tour Monday 18th December. 5.00 pm



Depart from Thai on the Hill at 5.00pm Travel to Fremantle and our 2 course dinner at Kailli's Café of Grilled or battered fish with chips main and dessert Plus tea/coffee. Next, we travel into the city of Perth to see the many displays of beautiful Christmas lights before returning to Kalamunda by 9.30pm.

Please advise your choice of Grilled or Battered fish and choice of desert. Cost includes Fish & Chips, Dessert Plus coffee/tea. Cost per person \$50.00. Please pay at the November meeting.

Picnic in the park Tuesday 9th January at 5 pm



You are invited to join your fellow members for a very casual and relaxing evening in Sturk Park for a "Bring everything picnic" Gives you a chance to wind down after Christmas.

PRESIDENTS REPORT

As I write these notes, I find myself looking at the calendar and the end of the month is less than a week away. With just 2 months remaining in the year, I can't help looking back over the NSA year so far. There has been the odd hiccup along the way but overall, I feel the year has gone well and I only hope that members generally have enjoyed themselves as much as Clare and I have.

That's not to mean there is no more to come. There is of course the meeting on the 14th of November then the sausage sizzle in the beautiful Romancing the Stone gardens in Maida Vale on the 22nd November. In December we will have our Christmas lunch at the Kalamunda Club. Cass who runs things at the club knowing we had a bit of a disaster last year at another venue has promised a great meal on this occasion to help make up for last year. Then on the 18th of December we will travel to Fremantle for dinner, before visiting the city to see the Christmas lights show. I am told that there will be 18 new displays plus 6 of the most popular from last year. More on all these activities in Clare's piece on activities.

Maureen continues to give us outstanding speakers each month, last month being no exception. Professor Ralph Martins talk on Alzheimer's and the progress being made right here in W A was most encouraging and his hints on how to identify Alzheimer's and what can be gained by early intervention I felt was most helpful.

This month is bound to be a favourite, with volunteer John from the Guide Dogs WA and Ambassador dog Eva. Please try and bring some loose change as there will be collection tins for this most deserving cause. Besides the meeting in October the branch enjoyed a bus trip to the Pines Restaurant at WA Tafe in Bentley for a delicious lunch with all the trimmings and excellent service by the trainees. Unfortunately, the trip to Wireless Hill to see the wildflowers was a bit disappointing as the 2 very hot days a week or so previously finished them off. However, it was not a total loss as it appears that a number of members had not been there before plus it was a chance to get out of the bus and wander around this lovely park.

Also, in October we tried something new, a trip to the Heath Ledger Theatre for a concert using the Kalamunda City bus carrying our 15 participants. All reports have been very positive, and I am sure that we will have similar outing in the future. If you know of an event coming up in the future that you think would be suitable for this kind of outing let Clare or I know, and we will see what we can do. We would need at least 6 weeks' notice to arrange it.

Ian Henske from head office must be congratulated for his persistence and securing a permanent ruling allowing Pensioners to work extra hours without losing part of their pension. He has been working on this issue for ages and is continuing to have the limit that can be made, as is the case in New Zealand and the U. K. It is easy to forget just how much is done by the team in Brisbane and you can help by taking any issue that you feel needs attention to our PAG representative Arleen Quinn, and she will see that it is discussed and passed on.

Well, that's all for this month, see you on the 14th. Richard.

Printing by courtesy of Matthew Hughes JP, MLA.