# National Seniors

KALAMUNDA DISTRICTS BRANCH Inc. PO Box 268, Kalamunda, 6926

NEWSLETTER No. 254 JUNE 2024

NEXT BRANCH MEETING: Tuesday 11<sup>th</sup> July 2024 10am, at the Kalamunda Church of Christ Multifunction Centre, 22 Mileti Road, Lesmurdie.

MANAGEMENT COMMITTEE	
Richard Arnold: President	Clare Arnold: Social Planner
0407 945 465	0407 945 465
Tony Crowder: Vice President	Maureen Moffett: Speaker Planner
9257 2520	0427 084 422
Chris Milne: Secretary	Noreen Townsend: Newsletter Editor
0475 582 118	0418 952 076
Patricia Skinner: Treasurer	
0428 611 835	

Arlene Quinn: Branch Policy Advisor Group (PAG) Representative: 0402 272 868

## <u>REMINDER</u> – NSA Kalamunda Branch AGM Notice – Tuesday 13<sup>th</sup> August 2024. Nomination forms for Committee positions available from the Secretary. Forms must be with the Secretary 14 days before the AGM (30<sup>th</sup> July)

There will be changes in the Committee positions at this AGM.

**GUEST SPEAKER: Marion Lewis**, Representative from The Livestock Collective Group will join us, subject: "Everything you didn't know about live export". The Livestock Collective is a not-for-profit communications company focused on growing the public understanding of agriculture and providing a united voice for the livestock supply chain. We care about the welfare of Australian livestock from farms through to communities around the world. Please join us in learning about the process and changes of the live export industry, and feel free to ask any questions you may have.

### **ACTIVITIES PLANNED FOR JUNE, JULY & OCTOBER**

### Beverley plus more Thurs 27th June 9.00 am from TOTH

Depart Kalamunda TOTH at 9.00am and travel via York to Beverly. We will have a picnic morning tea on the way. See the Aviation Museum the Dead Stop Museum, the Gliders airport and more. Enjoy a 2 course lunch at the Freemasons Hotel before travelling back to Kalamunda by 4.00pm **Cost includes** Coach travel, morning tea, 2 course lunch, plus fees. Cost \$70.00pp Min 40

### Winter Feast (Old Christmas in July) Thursday 25<sup>th</sup> July at 12.00 pm for 12.15 pm start at the

Kalamunda Club. Enjoy our Special 2 course lunch, choose one of the following 3 mains. Roast beef and Yorkshire pudding OR Chicken Mignon with Garlic sauce OR Grilled fish with lemon sauce all 3 have roast vegies and a bread roll included plus dessert of Apple and blueberry crumble with custard.
Cost includes Special 2 course with choices lunch Cost \$45.00 per person Min 50

### Some dates for your diary.

August is still being sorted. Thanks to all those who gave me some great suggestions.

Thursday 19th September Special dinner at the Pines Restaurant (Bentley Tafe)Depart TOTH5.30pm Return 9.30pmCost includes coach and 3 course dinner. Cost \$60.00 per person Names in July.

# **Tuesday 10<sup>th</sup> December Traditional Christmas Lunch at the** Kalamunda Club.12 00pm start.Santa has been invited.

### 3 Day Vines, River and Sea Tuesday 22<sup>nd</sup> to Thursday 24<sup>th</sup> October

We had a great response to this trip and now have 42 booked so far. If you wish to join this trip you will need to pay a deposit of \$100.00pp at the May meeting. Last year's trip was the Vines Resort with hills and valleys this year it is the Vines with a river cruise, a train ride and the lunches by the sea plus so much more. **Cost include** Coach, accommodation, all meals, morning teas, Mini Golf, and all entry fees **Cost per person** Min 30 \$718.00 Min 35 \$707.00 Min 40 \$681.00 Single sup \$176.00

### President's notes June 2024

Well at last we have some rain. All sorts of new weather records have been set but not the kind that we want when it comes to lack of rain. Its sad to see so many trees and shrubs dying especially on the hills, hopefully some may recover with the rain that we are enjoying.

Some 48 members travelled to the Swan Valley for our lunch at the Abbey Restaurant. There were many complementary comments re the quality of the food and of course lots of chat and laughter causing the staff to remark on how everyone seemed so happy.

There is still much discussion nationwide re the possibility of discontinuing cash as a currency. NSA are increasing their efforts and are gaining support from many individuals and corporates, also small businesses as many will suffer because of the withdrawal of cash. The fight goes on.

I know it's none of my business but is anyone else feel almost naked walking around without at least one tattoo. Even those in our age group seem to be getting them now, but as I said it's none of my business is it! Maureen has engaged a very interesting speaker for our June meeting. It is Marion Lewis from The Livestock Collective Group. This group (that is not for profit) is responsible for improving the public understanding of agriculture and providing a united voice for the livestock supply chain.

This is a subject that has received a lot of publicity in recent times, but most has represented one side of the discussion. Maybe you already have formed your opinion on what is right and wrong Marion will not be bent on changing your mind if you do not agree with hers, she just wants to give the farmers view. Agriculture has played an important part in Australia since its foundation and is still an important part of the countries structure even with the dominance of mining. Come along on the 11<sup>th</sup>, I'm sure you won't be disappointed.

If attending can Ken and Margaret Quick, please catch up with Clare at the June meeting thanks.

That had better be all for this month as Chris is patiently waiting for my copy so he can finish the newsletter. Stay warm, stay dry and we will catch up on the 11<sup>th</sup>.

Richard

### WA free train

Free train travel in Perth has significant economic and health benefits for members of the National Seniors Australia. The recent *Summer of Free Public Transport* (1) initiative, which ran from December 24 to January 28, provided not only a cost-of-living relief for parents and families, but it also enabled seniors to travel outside of the normal "limited free time "of after 9.00 am and before 3pm (2). This proved useful for visits to outside Perth zones where previously this was restricted to Sunday free travel for all Smart Riders.

You may not yet have driven or taken a bus (best option if walking is difficult as the car park is up a slight incline) to the Maida Vale Train Station. Car parking is plentiful for \$2 cash or use Transperth smart rider and it takes 5-10 minutes to walk to the Airport line.

For those of you who like shopping, Perth, Subiaco & Claremont all easily accessible with this line. Soon the new Ellenbrook line will open, and you can reach further for walks in Whiteman Park. Last year we were invited to talk over the changes to the taxi system, as well as traffic light crossings and we get to put forward ideas for the Budgets (Federal & State). June MacDonald Chair of WA Policy Advisory group will work to write or take points to the relevant ministers for discussion.

We were able to give input into the State Seniors Strategy 10-year plan meeting with Minster Don Punch in October 2023. There are a few actions in the first plan for the WA Government to undertake to enhance support for older people, under four key pillars:

- thrive physically, mentally, and spiritually.
- live in safe and age-friendly communities.
- stay connected and engaged and have a voice that is heard.

Please take a moment to talk to me about any concerns that are impacting because of a policy or proposed policy change in WA, and I will take it forward on your behalf.

Arlene Quinn 0402 272 868 Livelifelightly6076@gmail.com



Mount Fuji -Japan



Driver waiting to take over the "Hello Kitty" bullet train at the Hiroshima Shinkansen Station.



Wendy & Chris with entrance gate guards at the White Heron Castle in Himeji. (Beginnings of fort/castle began in 1333)



#### 'OUR DOG DIESEL'

Diesel came to us as a pup via a breeder in the Swan Valley; we arrived to meet the litter and this beautiful Blue Heeler pup immediately came to greet us and my husband announced "He's the one". Time to name him of course and many names suggested by the family one being "Bluey", a definite no no, really, how can you call a Blue Heeler "Bluey"?? "Diesel" was suggested, to which Bill replied a definite "Yes - Diesel means Power" and so Diesel it was! He settled into the lifestyle on our farm in Carmel very quickly, having free reign and run of the entire property, no boundary fences and always there to greet us on our return at the end of the day. However, on this particular day we had experienced a severe thunderstorm and when we arrived home there was no Diesel! Despite enquiries to neighbours, the Shire and duly searching the surrounds, he was nowhere to be found. Eventually we received a phone call from the Walliston MTT Bus Depot "Do you own a dog called Diesel?" Of course! and Bill took off in the old truck, trundling in through the gates at the depot where upon hearing the sound of the motor, Diesel jumped down the steps from one MTT Bus! The driver approached Bill and announced that Diesel had hopped on the bus at the Lesmurdie Shopping Centre, refusing to move from behind the driver's seat!

Very grateful to have found our beautiful dog, Bill thanked the driver profusely, asking "What do I owe you?" To which the bus driver replied "Two bus fares from Lesmurdie to Perth and return!".

Submitted by Maureen Moffett

Secretaries Note: Postage has increased, please consider changing to email, if this is available to you.

Printing by courtesy of Matthew Hughes JP, MLA.