

#### Melville Branch - March 2024

Ann, Larry and myself attended the special BNF meeting on Monday the 11<sup>th</sup> March. Ann has provided the following summary of the meeting.

Visit by Chris Grice & Karen Furnivall from Head Office on March 11<sup>th</sup>: 31 members, including Ross Glossop, Board Chairman, and the Policy Action Group attended. We did not have access to the Conference Room until 1.30p.m and there were difficulties with the a/v system, so we had less time for questions and answers than anticipated. However, we were given a comprehensive description of the new direction that NSA has taken as a means of increasing membership and the viability of the organisation. This will foster interest in and appreciation of NSA by, for example, providing information through the subscriber nurture programme. (On-line publications) In Canberra, a group has been formed – Parliamentary friends of Seniors, with five co-chairs, including Bob Katter. M.P.'s have been given the number of NSA members in their electorates. NSA's focus is on four main areas – housing, health, finance and services.

Key policy work is on retirement income and aged care. Priorities were described as advocacy, community and sustainability.

For Aged Care the Dept of Health regards NSA as a Peak Body.

Some statistics – NSA has 238,000 members, average age of 73. W.A. has 8,000 members, 756 of whom belong to a Branch. The average age of these members is 79.

#### **HEALTH ISSUES OF MEMBERS**

The following members have either had falls or surgery since our last meeting.

Robyn Hudson had a fall and is currently in respite care.

Amy unfortunately fell off her E-bike and broke her hip in 2 places.

Norma Davis has had a hip replacement is now back at home recovering.

We wish these members a speedy recovery and our thoughts go out to them.

Also, two weeks ago I had a tumour removed from inside of my ear. The wound is not healing. At present I have a cotton wool ball in my ear to help the bandaging. This is very uncomfortable.

## **CONTAINERS FOR CHANGE**

After Ann deposited the containers after the February meeting we now have a year to date total of \$54.90. Keep the containers coming in as it helps to keep the price of events lower.

<u>REMEMBRANCE SERVICE</u> I was unaware that the Pastoral Carers at SJOG Murdoch hold remembrance services every three months to acknowledge the passing of loved ones. I attended a service last Friday and while I did get emotional at times it was a lovely service.

#### **SPEAKERS**

26 March - Advanced Care Planners

#### **OUTINGS (Report by Helen/Geoff**

Thursday 23 May - Lunch at the 8 Knott Tavern Riverside Rd, East Fremantle

Tuesday 16<sup>th</sup> July - Annual General Meeting and mid-year lunch. The Rossmoyne Bowling Club and chef Dave have been booked for this event. Price will be confirmed after the March committee meeting.

#### THEATRE VISITS, Etc (Report by Norma)

No visits planned currently while Norma recovers from her surgery.

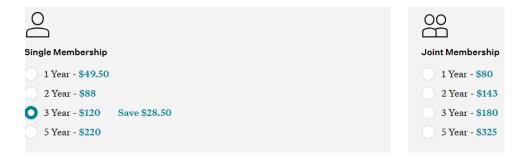
### BIRTHDAYS - APRIL

Best wishes for a Happy Day to Marlene Belford.

### **Protocol**

- 1. To attend meetings of the Melville Branch, a person must be a member of National Seniors Australia whose offices are in Brisbane. Application Forms available at Branch Meetings.
- 2. Visitors are entitled to one free attendance at a Branch meeting. Thereafter, the meeting fee of \$8.00 is payable
- 3. The meeting fee can be paid at each meeting by being placed in an envelope with the attendee's name clearly marked on the front, or by 2 instalments January and July into the Branch's bank account.

### **Current Membership rates to be a member of National Seniors Australia are:**



# Les Davey President

POSITION	NAME	HOME - Mobile	PHONE - Home	EMAIL
President	Les Davey	0412 709 806		les.davey@bigpond.com
Secretary	Ann Mellish	0438 541 102	94575695	ann.mellish@bigpond.com
Treasurer	Sally McCartney	0405 171 363		sally.mccartney@gmail.com
Social	Helen Richards	0415 454 322		
Vice-				
President				
and	John			
Speakers	McCartney	0433 141 152		jamboj@westnet.com.au
Theatre	Norma Davis	0402 249 249	94572471	davisnl@iinet.net.au

Associations Registration Number – A1006794T

Branch's Westpac account details BSB 036084 and Account Number 43414

# **Branch Meetings 2024**

26<sup>th</sup> March 23<sup>rd</sup> April 28<sup>th</sup> May 25<sup>th</sup> June

16<sup>th</sup> July 27<sup>th</sup> August 24<sup>th</sup> September 22<sup>nd</sup> October 26<sup>th</sup> November

#### **COMMITTEE MEETINGS 2024**

13<sup>th</sup> May 8<sup>th</sup> July 9<sup>th</sup> September 11<sup>th</sup> November

#### **EVENTS**

Wednesday 20 March Branch Breakfast Wireless Hill 8.30am

Tuesday 16 July AGM and Lunch - Rossmoyne Bowling Club 10.00am

