# The Journal of the National Seniors Australia Yarra Ranges Branch Inc Incorporation No. A0048800C Branch No 100132

#### NOVEMBER & DECEMBER 2023

#### PLEASE NOTE: Membership Renewals & Joining Members

Please ensure you use the 'Yarra Ranges NSA Application Forms' at the end of this 'Grapevine' & give to the Branch Secretary. By using our form, this informs NSA that you are a member of this Branch.

The Branch receives an annual payment for your Membership.

Click here for Membership Form

#### **Branch Meetings 2023**

#### Monday – <u>13 November</u> 7.00pm for 7.30pm start

VIEW Clubs supporting
The Smith Family 'Learning
for Life' Program

**Guest Speaker: Hazel Austin** 

### Monday - 11 December 7.00pm for 7.30pm start 'End of Year Picnic'

#### BYO Picnic, Drinks, Chair Tea & Coffee available

Come & share a relaxing evening with friends on the lawn outside the Lakeside Community Room (depending on weather!)

#### (Speaker ideas please)

If you have a suggestion for a 'Guest Speaker' please let a Committee Member know

#### President's Report

Hí Members,

Our AGM Monday 11 September with 'Grocery Bingo' at the Lakeside Community Room was great fun! We would like to welcome a new Member onto the Committee Kathy and look forward to her input.

The Bayswater Hotel's food was tasty with around fourteen attending and the Dinner Meeting at The Crown Hotel in October was well attended too.

Wednesday 25 October was our 'Terrific Trivia' day at the lawn Bowling Club in Hardy Street Lilydale. It was well attended with 46 contestants. Steve was our 'Quizmaster' and did an excellent quiz again. Thanks Steve. Thanks to Chris and the 'Catering Crew' for organising scones, sandwiches, slices, cakes, tea and coffee, which was much appreciated after all the 'brain power' we had used during the quiz. A huge thank you to Elaine for donating first prize in the Raffle of a Hand Made Quilt & Table Runner. Plus, all the members who decorated tables, collected entry fees, sold raffle tickets, sorted table seating and sound.



<u>Christmas Hamper Donations</u> - Please bring your donations to the November Meeting at the Lilydale Lake Community Centre. (Also please check '**Used By'** dates on food items)

Happy reading

Trevor

President

#### Yarra Ranges NSA Branch Committee

#### **President**

Trevor - 2 9735 1104

#### **Vice President & Welfare Officer**

Pamela - 2 9735 5449

#### Secretary **Newsletter Editor**

Lyn- 2 0459 155 527

Email: <u>yarrarangesnsa@gmail.com</u>

#### Treasurer

Anne - 2 97265135

#### **Activities Coordinator**

Chris - 2 0419 528 446

Email: chrishill3@bigpond.com.au

#### **Guest Speaker Coordinator**

Vacant

#### **Web Administrator**

Patrick

**2** 0413 726 726

#### **Committee Member**

Elaine - 2 9739 4642

Kathy - 2 0438 257807

**Welfare Officer** Please contact our WO if you know of anyone who is unwell, having an operation, in need of help or has passed away within the family. Vice President & Welfare Officer Pamela on 2 9735 5449





#### Congratulations to!

13 November Valda 11 December Helen

18 November Colleen 14 December Lorraine Sc

We would like to celebrate your day! Don't forget to email / phone your birthday & month to Lyn

#### **DIARY DATES**

#### **WELCOME'** to our BRANCH MEETING DATES - 2<sup>nd</sup> Monday of the Month

Meet at: 'Lilydale Lake Community Room', Lilydale Lake Rd, off 435A Swansea Rd Lilydale @ 7:00pm for 7.30pm start

Monday 13 November @ 7.00pm for 7.30pm Start

\*Learning for Life' Program Guest Speaker: Hazel Austin

Monday 11 December @ 7.00pm for 7.30pm Start

"End of Year Picnic on the Lakeside Lawn" - BYO Picnic, Drinks, Chair Tea & Coffee available Hope it is good weather otherwise we will be in the Lakeside Room

Monday 12 February @ 7.00pm for 7.30pm Start **TBC** 

Please email your ideas for Guest Speakers or Activities to yarrarangesnsa@gmail.com

#### **COMMITTEE MEETINGS** - 1<sup>ST</sup> Monday of Month

@ Trevor's place for September & October Meet @ 7.30pm

Monday – 6 November 4 December 2023

Monday - 5 February 2024



#### \* NOTE FROM CHRIS \*

Everyone needs to please text or email Chris - 20419 528 446

Email: chrishill3@bigpond.com.au

with any changes they want to make after they have put their name down for an 'Outing & About' / 'Dining Out' / 'Morning Melodies'.

Also, if you put their name down for an 'Outing & About' / 'Dining Out' / 'Morning Melodies' please make sure you put it in your diary, so you don't overlook or forget what you have made a commitment that date.



'OUT & ABOUT - BLUE

*'MORNING MELODIES' -* GOLD



#### **Activities**

#### Please Contact Chris 'Activities Coordinator' to Book and to cancel in time

Please Note: All payments in an envelope with name, amount of payment and Activity name. This will be a great help. Thank you, Chris

'Out & About' - Blue

'Dine Outs' - Pink

'Morning Melodies' - Gold

MORNING MELODIES @ The International Hotel Maroondah Highway Lilydale Please note: Order lunch before show at 11.00am. Lunch 12.00noon

Wednesday 4 Nov @ 10.30am

Friday 10 November @ 7.30pm

'Morning Melodies' - Col Perkins

'Farndale Ave ... Production of "A Christmas Carol" -

Mooroolbark Theatre at Mooroolbark Community Centre Bryce

Avenue Mooroolbark

Contact Lyn by 1st November -

Thurs 16 November @ 12.30pm

Sunday 3 December @ 5.30pm

**Ticket Booking Essential** (Sharing finger food for dinner at venue) 'Kilsyth Club' Lunch corner Canterbury & Colchester Rds Kilsyth

Saturday 18 November 9am - 5pm 'Lilydale & District Show' - Tent & Lost Children - Roster

Sunday 19 November 9am - 5pm 'Lilydale & District Show' - Tent & Lost Children - Roster

Saturday 2 December 10.30pm – 4pm 'Lilydale Street Fair' – Tent & Children's 'Lucky Dip' - Roster 'Christmas Break Up' - Yering Meadows Golf Club 178 Victoria

Road Yering Please make sure you place your dinner order for your main and dessert with Chris via email or text

'Morning Melodies' Christmas Special - Alex Kyle

Wednesday 6 Dec @ 10.30am

#### 'SATURDAY WALKS' - Contact Chris 'Activities Coordinator' for details

#### Please Note - Walks start 9.00am

These 2 photos are from the same walk - do you know where? Answers in next 'Grapevine' Photos 1 & 2 in 'September & October' Grapevine' was from the Mullum Mullum Walk

Sat 4 November Wandin to Seville

**Sat 11 November** Lilydale to Mount Evelyn

**Sat 18 November** Lilvdale Lake Sat 25 November Killara to Seville

Sat 2 December Lilydale to Mount Evelyn

Sat 9 December Wandin to Seville

**Sat 16 December** Barngeong Reserve Croydon North

Sat 23 December Lilydale Lake



Sat 30 December Norton Road Croydon

Sat 7 January Mooroolbark Community Centre

Sat 14 January Lilydale to Lilydale

**Note**: If there is an **all day** '**Out & About**' organised, we won't be walking



#### OTHER NEWSY

#### **Contributions to our Newsletter**



Have you been travelling? Have you attended a good show? Have you read a good book?

Is there something you have experienced, that you would like to share with the members of the One-liners? Photos from outings?

Branch? A story?







#### The Lighter Side of Life!

#### The Irish Medical Dictionary

Artery study of paintings Bacteria -Back door of a Café

Genitals -Not a Jew

Barium -What doctors do when a patient dies

A letter like a,e,i,o,u

Not a friend

Fester -Quicker

**Caesarean Section** A neighbourhood in Rome Cat Scan Seeking for Kitty

Bowel -

Varicose Nearby

Hiding something

Dear Dad,

I am coming home to get married soon, so get your cheque book out.

I'm in love with a boy who is far away from me. As you know, I am presently living in New Zealand... and he lives in Scotland. We met on a dating website, became friends on Facebook, had long chats on Whatsapp. He proposed to me on Skype, and now we've had two months of a relationship through

My darling Dad, I need your blessing, and a lovely wedding. Lots of love and thanks.

Your favourite daughter, Lilly

#### **DAD'S RESPONSE:**

My Dearest Lilly,

Really?

I suggest you two get married on Twitter, have a honeymoon on Tango, buy your kids on Amazon, and pay for it all through PayPal. Then when you get fed up with this new husband, sell him on eBay.

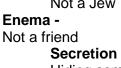
Love, Your Dad.

A 98-year-old Mother Superior from Ireland was dying.

The nuns gathered around her bed trying to make her last journey comfortable. They tried giving her some warm milk to drink but she refused it.

One of the nuns took the glass back to the kitchen and remembering a bottle of Irish Whiskey received as a gift the previous Christmas, she opened it and poured a generous amount into the warm milk. Back at Mother Superior's bed, she held the glass to her lips. Mother drank a little, then a little more and before they knew it, she had drunk the whole glass.

"Mother," the nuns asked earnestly, "please give us some wisdom before you die." She raised herself up in bed and said, "Don't sell that cow!"



A police recruit was asked during the exam, 'What would you do if you had to arrest your own mother?'
He answered, 'Call for backup.'

#### High Tea / Coffee at the Mornington Botanical Rose Garden



Twelve Members, some car sharing, drove to the beautifully maintained Mornington Botanical Rose Garden. Not all the roses were in bloom, but there was still over half had burst into bloom. We arrived early so we could slowly walk amongst the beds of roses marveling at the amazing magic of nature with roses of every shape, style and colour.

Every garden bed had the name of the roses at one end. There is also a ramp leading up to a viewing platform for an overview of the area. Below is a cross section of the magnificent roses that were on show.

The High Tea / Coffee was enjoyed by all who attended with very tasty home-made sandwiches, tarts and cakes. The 'Just Joey' roses in a bowl at the door to welcome every one and also in vases on the tables were beautiful.











#### What fun we had at the 'Terrific Trivia'!!

Six tables of enthusiastic participants were primed and ready to test our memories against Steve's questions.

Some we remembered well and others we had to chat amongst our coconspirators to scratch for answered.

After four rounds of questions with a 'brain teaser' otherwise known as 'The Stinker' at the bottom of each card for extra points, the results were in.

1<sup>st</sup> with 49 points was Table No 6 'Black' 2<sup>nd</sup> with 48 points was Table No 3 'Fletcher'

Equal 3<sup>rd</sup> with 47 points was Table Nos 2 'Deschamp & 5 'Gardiner'

Equal 4th with 40 points was Table Nos 1 'Ryrie' & 4 'Lithgow'

After all that brain work it was time for a cuppa and some sumptuous home-made sandwiches, scones jam and cream and slices – it was as good as any High Tea I have ever been to.



- 1st Prize Raffle winner was a Child's Quilt hand made by Elaine. Ann has 5 grandchildren who will love it. There was also a handmade Table Runner for Ann.
- 2<sup>nd</sup> Prize a Gift Pack of Red Door was won by Emese
- 3<sup>rd</sup> Prize was 2 Coffee & Cake Vouchers donated by *The Olinda Creek Hotel*

Thank you to everyone that contributed to the smooth running of such a great morning.

## The Ferny Creek Horticultural Society Inc

#### Flower Festival 2023

Last Sunday I spent a lovely afternoon at the Ferny Creek Horticultural Society's 'Flower Festival 2023'.

It was a great explosion for the senses with colours of every huge!

Each category was judged and awards displayed. There is a \$5 entry fee which helps support the enthusiastic volunteers who run and attend to the 4-hectare ornamental garden which was first established in 1957 on an old quarry site. With a cool climate, abundant rainfall and rich volcanic soil it creates an ideal growing





conditions for a wide range of plants. There is also a well-established section of older growth trees.

The Society holds four events a year – Plant Collectors Expo, Autum Show, Spring Show & Flower Festival.

They also have 5 Specialists Groups – Australian Plants, Propagation Training, Rhododendron & Camelia, Craft & Rock Garden.

Refreshments of light lunches, sausage sizzle and guided garden walks are available at the four events.

#### Update your medicines list now – you'll need it if you go to hospital



A medicine list is a complete list of all your prescriptions, over the counter and complementary medicines.

Now is the time to make sure you have that list upto-date and easy to find in case you unexpectedly have to go to hospital or visit a doctor or pharmacist who is not familiar with your health status.

Emergency Plus

If you are in an emergency call

Trigite Zero (2015) to tageing the betton before.

Stay focused, stay relevant, stay on line

Stay focused, stay relevant, stay on line

My Location

Tell the operator your location.

1d Mrs Mocquaries Rd.
Sydney Now 2000, Australia
Lantinde
-33.85865
Longinde
151.22232

What? Avoid
Avertend bids during

Please ensure you have this app installed on your phone – it could save lives and maybe even your own.

**Emergencyplus** is an app you can put on your mobile. (It was recommended by a trainer who trained the staff at my school.)

You can choose to load onto an Apple or Android system (2nd choice).

When loaded the right-hand screen will appear.



The OOO Emergency, SES & Police are live buttons that will automatically call

that service when pressed.

Also, you will note your 'location coordinates' appear so you can pass the information to the service concerned as to where your location is.

#### Yarra Ranges National Seniors Australia Branch Membership Application (NSA ABN 89 050 523 003)

#### **PERSONAL DETAILS**

Mr / Mrs / Miss / Ms / Dr First name	
Last name	Date of birth
Address	
Suburb	State Postcode
Phone	Mobile
Email	Membership Number:
JOINT MEMBER DETAILS	
Mr / Mrs / Miss / Ms / Dr First name	
Last name	Date of birth//
Phone	Mobile
Email	Membership Number:
MEMBERSHIP AND PAYMENT DETAILS	Yarra Ranges Branch
I / we would like to join for: (please tick) includes GST	No. 100132
1 Year Single \$49.50 Joint \$80	2 Year Single \$88 Joint \$143
3 Year Single \$120 Doint \$180	5 Year Single \$220 Joint \$325
TOTAL PAYABLE: \$	
<ul> <li>Cheques / Money Order enclosed (payable to: National Seniors Australia)</li> <li>Please charge my credit card: ☐ Visa ☐ Master Card</li> </ul>	
Card number:	
Cardholder's Name:	//
Cardholder's Signature:  NSA respects your privacy and is committed to protecting your personal Information. You can view the full details of our privacy statement online at nationalseniors.com.au  I would like to receive 'My Generation' Magazine by Mail	

#### **MEMBERS**

Branches – Social & Friendship 'My Generation' Magazine
Discount & Benefits
Credit Card
Car Buying Service
Insurance
Travel
Competitions

#### **NEWS & EVENTS**

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Latest News Policy & Media Updates In the Media / Media Releases Events

#### RESEARCH

Finance
Health & Aged Care
Housing
Retirement
Social Connectedness
& Communities

#### **ABOUT US**

Board & Governance Leadership Team Policy Advisory Groups Careers Foundation Trust Partners FAQs Advertising

#### **INFORMATION HUB**

Consumer Protection
Healthy Ageing / Aged Care
Social Inclusion
Technology
Work & Career
Retirement
Retirement Living Options

#### **ADVOCACY**

How Advocacy Works Policy and Advocacy Submissions

