



Hillarys & Districts Branch

Branch meets at 10:00am on the first Wednesday of each month at the Flinders Park Community Hall, 137 Broadbeach Boulevard, Hillarys.

Postal address: PO Box 141 Hillarys 6923

Newsletter proudly printed by **Jessica Stojkovsky Member for Kingsley** KINGSLEY, GREENWOOD, WARWICK, WOODVALE 4/923 Whitfords Ave. WOODVALE WA 6026

October 2020 Newsletter – Issue 179

President's Report

Greetings from the Wildflower Way north of Perth. I have been having a very enjoyable seven days chasing wildflowers and generally relaxing on a self drive tour. Thanks to Lyn Massam's helpful advice on where the best spots were to see our beautiful native Flora.







National Seniors Australia – Hillarys & District Branch



No news or political reports from head office this month so my President's Report is more of a "Hi There!" than anything too deep and meaningful.

Our outing to the Fire Department on 10th September was well patronized and a good time was had by all. It is always interesting to step back in time to see how things were done in the early 1900s. Several of us had lunch at ExOn before catching the train back to our respective stations. It was a pleasant catch-up all round.



Thank you to Jan for arranging that excursion.

I have had a busy day today in Geraldton, visiting the Museum, Art Galleries in the War Memorial.

I highly recommend the Geraldton Museum. It has excellent exhibits of the local industry, the fate of the Batavia, the Pearling industry and Indigenous culture.

I have now arrived back at our lodgings and the sun is over the yard arm. Need I say more?

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Looking forward to catching up with everybody at our next meeting in October.

Stay Happy, Safe and Healthy

Cheryle Medcalf

Covid-19 Safety Reminders

- everybody is responsible for their own health and safety, so if you are experiencing cold and flu like symptoms please stay home.
- No hugging for the time being
- be aware of social distancing in the hall.
- please bring hand sanitiser to the meeting and use it frequently.
- we are asking that everybody has a packet of alcohol based wet wipes in their bag to wipe down their chair before and after use.
- If you would like to bring your own mug for tea or coffee please feel free to do so and take it home to be washed.

The committee will ensure that other surfaces and equipment are cleaned thoroughly before and after use. If we are vigilant then we can ensure that we all remain healthy.

Membership Renewals

One year – \$45 single or \$75 joint m'ship Two years – \$80 single or \$125 joint m'ship Five years – \$195 single or \$295 joint m'ship Payable at branch Meetings or send to our P.O Box address with your details

National Seniors Australia – Hillarys & District Branch

Members who use internet banking, can use Electronic Fund Transfer (EFT) facility to pay for Membership Renewals, name badges, events that require prepayment, etc.

BSB: 036-226 A/C No: 24-9794

Please include Surname and keyword in the transfer.

Name Badges , please contact our Treasurer Joe Varischetti who will order these for you.

Member's Welfare

If you become aware of a member who is dealing with illness or hear of a member who has passed please contact one of the Committee Members. Notification can then be sent to other members who wish to visit or pay their respects.



Members birthdays for October

28th October: John Anderson 17th October: Beth Anderson 2nd October: Veronica Brusaschi 20th October: Jocelyn Hodge 5th October: Carily Holmes 27th October: Trevor Jones 27th October: Anne Murphy 8th October: Pamela Murphy 16th October: Robert Ruscoe

11th October: Christopher Whitehead Wishing you all a very happy birthday filled with love, laughter, pressies and cake.

Perth at Home Theatre Inc.

Perth at Home Theatre Inc. came about because a group of actors wanted to still produce plays even though theatres were closed due to COVID 19.

Their latest show is called "The Virtual Family" and is being released on the internet on Tuesdays and Fridays. Episode 5 has just been uploaded to YouTube for your viewing pleasure. Each episode is approximately 7 minutes in duration. There will be 13 episodes in total.

Perth At Home Theatre will soon be presenting the 2020 South West Project, where three short plays by local writers will be performed and filmed in their original settings. These plays will be filmed at the Cape Leeuwin Lighthouse. Margaret River Hotel and Busselton Jetty, with the shows due to go online later this year.

For more information or to watch, visit www.paht.com.au or go to You Tube and put 'Perth at Home Theatre' into the search and "Bob's your uncle".

Happy viewing!

For Your Calendar

Next Meeting - 10am Wednesday 7th of October. Followed by lunch at Mia Cucina at the Hillarys Boat Harbour.

Speaker: David Urguhart **Topic:** Facts of Climate Change

Social Events

Remember, you can pay funds towards your Christmas lunch at each meeting. Money into envelope with name and give to Joe.

Remember, to add your name to the lists at the meetings, or, contact Nita on 0400 063 143 for Dinners, or Jan for Lunches/Outings on 0407 426 191.

PAYMENTS DUE

Optus Stadium Tour - 15 November

Please bring your payment to the 7 October meeting.

\$20 pp concession and \$25 pp non concession.

Place funds into envelope with name and amount on the front and give to Cheryle to pass to Jan

Christmas Lunch - 2 Dec - Dwellingup Hotel

Payment for this outing will be due no later than the 4 November meeting.

Bring to meeting in envelope marked with name, amount and any special dietary requirements.

\$55 pp for members and \$64 pp non-members.

Please use notes only as coins can fall out.

Please Note: Times TBA are because venues are affected by the pending COVID19 Phase 5 restrictions being lifted. Next Government announcement 24 October.

Monthly Dinner – A time for members to celebrate a birthday, anniversary, or just "celebrate life" fellow members and friends.

When: Saturday 24th October **Where:** Currambine Bar & Bistro

Time: 6:30pm

Please contact Nita (Mobile Ph 0400 063 143)

if you wish to attend.

Monthly Morning Tea – Please join Judy Varischetti and other Branch members in a pleasant morning of stimulating conversation. Please wear your name badge. Friends are also most welcome.

When: Friday 16th October, 10am

Where: Shingle Inn at Whitford Shopping

Centre

BiMonthly Lunch – A time to have a social get together lunch with a bunch of your fellow members and friends

When: Wednesday 14th October

Where: Tafe Pavilion

Time: 12 noon

Please Note:

We have reached our capacity (30) for the Tafe Pavilion lunch on 14 October.

If you need to cancel your attendance, please advise Jan immediately (0407 426 191) so others have the opportunity to attend.

If you wish to be waitlisted please see form on table at meeting or advise Jan.

Do you have a question for NSA Head Office?

As most of you would be aware, National Seniors Australia has an advocate (Ian Henschke) who lobbies the Government on behalf of the members to make a difference to the lives of all older Australians for improved pensions, benefits, aged care etc.

We invite and encourage you to raise any concerns or questions you may have. We, as a branch can them put them to NSA Head Office. We will make time during general business at our meetings for you to ask your questions.

Helpful Information

Elder Abuse Helpline WA:1300 724 679

Seniors Card (WA): 6551 8800 Centrelink (Retirement): 132 300 Employment Services: 132 850 Seniors Info Services: 6551 8800

Older People's Rights Services: 9440 1663 Aged Care Complaints Commissioner:

1800 550 552

National Carer Gateway: 1800 422 737 Dept of Veterans Affairs: 133 254 Dementia Australia - 1800 100 500.

Justice of the Peace - Saturday Morning at Joondalup Library. 10.00am - 12.30pm Woodvale Library 9.30am - 11.30am

WA Scam Internet Site:www.scamnet.wa.gov.au

Newsletter Submissions:

All Submissions for the November Newsletter need to be in by the 24th of October.

BRANCH CONTACTS

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