

DIARY DATE CLAIMERS: All bookings/queries/payments please see John C.

October 23 BUS TRIP: DUE TODAY !! Samford Valley & Mt Mee with Morning Tea incl. Lunch @ The Pit Stop Café (at own expense). Hoping for a short stop in Samford Village.....\$45

December 4 CHRISTMAS LUNCHEON @ Geebung RSL: Buffet style lunch.....\$40
If you'd like to be seated at the same table with friends (tables of 10), please note this when booking.

January 15 1st SOCIAL MEETING FOR 2026

COMMITTEE MEMBERS: All correspondence please email: nsachermerside@outlook.com

President: Barbara Coleman
M: 0413 494 693

Secretary: Vicki Beardmore
M: 0421 630 742

Treasurer: Sue Webster

Membership: Jeanette Daff
M: 0423 579 621

Guest Speakers: Vicki Beardmore
M: 0421 630 742

Activities: Karlotta Reeves
M: 0410 699 300

Tours: John Canterbury
M: 0411 046 179
Email: jncgrange@optusnet.com.au

Welfare Officer: Jenny Tidey OAM
M: 0409 108 358

Newsletter: Alayne Brown
M: 0413 317 690

VENUE REMINDERS:

* If the main doors are closed, enter via the Newman Rd entrance of The Cove Kitchen & Bar.

* **MEETING PARKING:** Car park entry off Newman Rd.

* **BUS TRIP PARKING:** Carpark in Collings St adjacent to the trainline.

* **BUS PICK UPS:** Wait at the BCC bus shelter on Newman Rd opposite the club carpark entry.

COMMUNITY NOTICES:

BirdLife Australia's Annual Aussie Bird Count is on from Monday 20 to Sunday 26 October 2025. This is Australia's largest citizen science project where people of all ages are invited to take just 20 minutes each day over a week to spot, identify and count the birds around them. This can be anywhere you like - in your own back yard, your favourite park, garden or happy place. To do this, download the free Aussie Bird Count app or visit www.aussiebirdcount.org.au to register.

Burnie Brae Christmas Market Stalls – Handmade gifts & Christmas Cheer!
Saturday Nov 22, 8am -12pm at the Centre.

4MBS Christmas Spectacular starring Mirusia & Friends with Teddy Tahu Rhodes, various vocal and choral ensembles and the Brisbane City Orchestra at Brisbane City Hall, Sunday Dec 7 @ 3pm. Bookings ph 3847 1717 or online www.4mbs.com.au



GENERAL REMINDERS:

Check your NSA Membership validity and renewal dates and renew if req'd. If unsure, please see Jeanette Daff (Membership).

For group verification and to claim any NSA Discount when ordering lunch, drinks etc, PLEASE wear your NSA name badge on all outings.

To order and purchase a badge, please see Sue Webster (Treasurer).

For payment of an **event**, please do **ONE** of the following ASAP:

- CASH:** Correct money placed in an envelope with:
Your Name – Event & Date – Amount enclosed
Please give the envelope to John C (Tours) who will issue a receipt.OR.....
- BANK TRANSFER:** Please record your name in the "details section" of the transfer.
Acct Name: National Seniors Chermerside
BSB No: 084150 **Acct Number:** 047984369

For lunch reservations, please put your name in the exercise book at the Social meeting or contact **Karlotta**, our **Activities Co-ordinator**, before the date of the lunch.

If you're aware of a member who is unwell, please let **Jenny Tidey OAM** know immediately, so that she can contact them.

For apologies, if you're unable to attend a meeting and if your contact or address details have changed, please let **Jeanette Daff** our **Membership Officer** know ASAP.

If you have info for the Newsletter and/or need a lift to the meeting or to any of the social outings, including the bus trips, please let **Alayne Brown** our **Public Relations Officer** know, to help with any arrangements.

NSA Our Generation Magazine: <https://nationalseniors.com.au/news/>

National Seniors AUSTRALIA

CHERMERSIDE BRANCH: PO Box 2073, Chermerside Qld. 4032

Web Page: nationalseniors.com.au/get-involved/branches/Chermerside.

Venue: Geebung RSL, Newman Room, 323 Newman Rd, Geebung.



NEWSLETTER – October 16, 2025

Good Morning Members & Guests

Special thanks to the ladies manning our BRING & BUY stall today and to all who supported it, by either bringing or purchasing items. All monies raised will go towards our Christmas Luncheon. Thanks also for contributing to the Burnie Brae *Project Pantry Christmas Appeal*, by donating a non-perishable pantry item ie. cereal, pasta, simmer sauces, biscuits and tinned items ie. fruit, tuna and soup (with ring pulls). You can still bring items to the next meeting and put them in the white tub.

October is Qld Seniors Month. The State govt. is funding events which are being held all over the state to encourage positive community attitudes towards seniors, participation and healthy aging. There are still quite a few events in our local area, which will run before the end of the month. I have printed out a list of these and have placed it on the table beside the entry door. Please take note of ones you may be interested in.

If you've put your name down to receive tickets for The Lord Mayor's Christmas Pageant on December 1, for the 1.30 pm session, Vicki will distribute these at our November meeting.

Take care & stay cool.

Barbara Coleman

President

TODAY'S SOCIAL MEETING & MORNING TEA (Mobile phones off/on silent please).

Our Guest Speaker is: Jane Mackenzie-Ross who is a Real Estate agent specialising in helping seniors with the process of selling property in today's market.

NOTE: Karlotta has made a lunch booking **downstairs at The Cove Kitchen & Bar** after today's meeting. If you'd like to stay on for a meal, chat or just a coffee, you're most welcome to join.

TIP OF THE MONTH: READING REGULARLY

You are 2.5 times less likely to be diagnosed with Alzheimer's Disease later in life if you read regularly. Reading helps to structure new information and reinforce your working and visual memory. Make reading books, magazines and newspapers (hard copy or online) a consistent part of your daily routine.

OCTOBER BIRTHDAYS:

Barry Beardmore 8th, Patricia Felsch 27th, Margaret Munro 7th, Marjorie Wilkes 30th, Lloyd Young 14th, Leslie Single 27th, Di Wheeler 27th, Sandie Dixon 13th

OCTOBER ANNIVERSARIES

Sharne & Geoff Mines (1979)
46 years

CONGRATULATIONS TO ALL!



Did you know that October has two birthstones, Opal and Tourmaline? In 1952 Tourmaline was added by the NAJ (National Assoc of Jewellers) to address concerns that opal was too fragile for everyday wear. Both stones - which both reflect and contain a range of incredible colours, within each primary coloured stone - signify hope, happiness, protection and love.

Please bring a container if you'd like to take home any leftover morning tea scones or slices.

Paper & Printing courtesy of Jimmy Sullivan MP, Member for Stafford & Staff

NOTES FROM THE LAST MEETING:

- ❖ **Attendance:** 46 Members including 1 new member (Beverley Milgate); **Apologies received:** 11
- ❖ Brooke Jorgensen and Hannah Smit from LifeTec brought along a selection of assistive lifestyle products for the home and car. These can help support seniors to stay active, independent, secure and in their homes longer. They also spoke about lots of other products which are available through the CHSP and My Aged Care Packages. There is help available – we just need to know what can work for us.
- ❖ Barbara, our President, presented 25 year membership certificates and badges to Cedric Netscher and Brenda Dimmock.



Thank you, to all those members who have donated stamps for Jeanette, Vicki and Jenny to use for our member mailouts – much appreciated.



SOCIAL MEETINGS, MORNING TEAS & LUNCHES

Oct 23 BUS TRIP Samford Valley & Mt Mee Morning Tea incl.....\$45
8.30am for 8.45am Departure Lunch @ The Pit Stop Café (at own expense)

Oct 30 11.30am LUNCH The Homestead Tavern Hotel 114 Zillmere Rd, Boondall

Nov 6 1pm COMMITTEE MEETING Geebung RSL (12pm lunch prior)

Nov 13 11.30am LUNCH Warner Tavern 2 Everest St, Warner

Nov 20 SOCIAL MEETING Morning Tea & Lucky door ticket.....\$10
9.30am for 10am Start Our Guest speaker, John Crook will discuss the intricacies of AI.

Nov 27 11.30am LUNCH Everton Park Hotel 101 Flockton St, Everton Park

Dec 4 11am End of year Christmas Lunch @ Geebung RSL.....\$40

CITY HALL CONCERTS Tues 12 - 1pm (free) Full details: www.brisbane.qld.gov.au/events

Oct 21 Fab Hits of the 50's, 60's & 70's

Oct 28 Hope: Lost and Found

WELFARE:

Everyone's friend, **Jo (Joan) Dahl**, peacefully passed away aged 97 years, in St Vincent's Hospital Chermside. Jo had been in and out of hospital since June 4th, following a fall and had been in palliative care there for a few days. Her son and daughter-in-law had recently visited from the US.

Her daughter, Robyn told Jenny that Jo "wanted to tell everyone she loved them". Jo's funeral will be held on 22/10/25 at 12noon at Traditional Funerals, 636 Morayfield Rd Burpengary.

Rest in peace our dear NSA friend Jo Dahl 5/07/28 – 2/10/25



Marjorie Wilkes has now relocated to Beaumont Care, 111 George St, Kippa-Ring, Q 4021.

"Doc, I can't stop singing *The Green Green Grass of Home*". He said, "That sounds like Tom Jones syndrome". "Is it common?" I asked. "Well, *It's not unusual*", he replied.

FUN FACTS: A boiled egg in the morning is hard to beat Bakers trade recipes on a knead-to-know basis.
 You can feel stuck with your debt if you can't budge it. Every calendar's days are numbered.

Paper & Printing courtesy of Jimmy Sullivan MP, Member for Stafford & Staff

SPECIAL REQUEST: At our first Social meeting on January 15, 2026, we will have a "Guess Who?" game, where we'll compile and show pictures of members in their younger days, for you all to try and guess who's who. It should be lots of fun - especially viewing the different poses and fashions over the decades.

So please, get out your albums and select an interesting baby/childhood or wedding photo? **Please name and date it (if possible, on the back or on a post it note), put it in an envelope or small paper bag and hand it to Vicki either today or at the November (20/11) meeting.**

Remember: Don't show your photos to anyone else – it's a secret!

PUZZLES & FUNNIES:

