

SENIORS INSIGHT
GENERAL MEETING
Tuesday, February 25, 2020

What an eventful year we are experiencing with bushfires, viruses, and now floods. Australia is not a boring place to be part of and neither is our group. We have made contact with the CWA at Bega and will be sending the donation of \$200 which was agreed by our members to the Bega CWA Branch to assist people suffering from the bush fires.

I am pleased to report that Maureen Buchtman has been very busy with our Speaker program and has approached many interesting presenters to fulfill our requirements until June and beyond. To-day, we have John Dalton, a Pharmacist who will speak about "Managing your Medicines"

Our social program did not commence well for Helen Leslie as the first Monday Lunch at Wallarah attracted only six people from a list of 16 with no apologies. However, the attendance at the Breakers Club last week was an improvement with 11 people present. For the future Helen is looking for an involvement by more of our members at the BBQ in March. She has some very interesting events programmed for May, June and July with an added incentive to discount costs for our members. Please take the time to-day to check with the Social Table and indicate your availability to attend.

I am aware we have a number of members who are not in the best of health. Our thoughts are with you all and we hope it is not too long before you will be able to join with us again.

Kevin Leslie

President

First Monday Lunches 11:30am to 2pm

- Monday, March 2, 2020:** Bateau Bay Bowling Club,
5 Bias Avenue, Bateau Bay
- Monday, April 6, 2020:** Wyong Leagues Club
40 Lake Haven Dr, Kanwal
- Monday, May 4, 2020:** Ourimbah RSL Club
6/20 Pacific Hwy, Ourimbah

Guest Speakers

Tuesday February 25, 2020:

John Dolton, Pharmacist Warnervale Chemmart
Pharmacy - Managing your medications



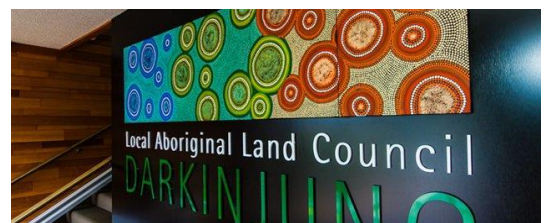
Tuesday March 24, 2020:

Mei-Ling Venning. President, Wyong Writers Group to
discuss writing your own stories



Tuesday April 28, 2020:

Kelvin Johnson is a Senior Land Management
Officer from the local Aboriginal Land Council
Darkinjung and will discuss issues re cultural
burning, the differences between Cultural Burning
and Agency Burning, and the benefits to flora and
fauna.



SOCIAL OUTINGS

- **16 March 2020. BBQ McKenzie Park, Budgewoi 11:00 AM - 3:00 PM.** Come along and enjoy the company of your fellow members in a great sheltered venue with an excellent setting. Cost for members will be \$5 and visitors \$10. Place your names on the Booking Sheet with payment by the General Meeting in February



- **The Highlands and Heather - Aunty Mollys Scottish Salute.** Wyong Golf Club, 319 Pacific Hwy, Wyong NSW 2259. 13 May 2020 11:00 AM — 3:00 PM.

Enjoy the excitement of Caledonian Capers. Imagine the highlands of Bonnie Scotland. Smell the fragrance of the heather. Hear the pipes welcoming you and perhaps take a wee taste o' the Haggis. Cost \$40 for members and \$48 for non members. Names on Booking Sheet on the 25 February and payment by 28 April.



- **EOI June: The Catalina Flying Boat Museum, Rathmines on Lake Macquarie** Bus trip for members who are registered with Aged Care. Discover the vital importance of the ex RAAF Rathmines base during World War II and especially the key role played by the Catalina seaplanes and their brave crews. This is a fascinating and little-known chapter of our national history!



Check out our new website, go to nationalseniors.com.au
click on About Us/Branches, Scroll down to NSW and click on “Central
Coast – Wyong” or copy
<https://nationalseniors.com.au/about/branches/central-coast-wyong>

N.S.A. INFORMATION
Office Bearers 2019 - 2020

Public Officer	Pam P	4393 2030
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Events Coordinator/Welfare Officer	Helen L	4326 1883
Membership Officer	Jean B	4334 5373

Just a reminder to renew membership directly to NSA Qld via their website nationalseniors.com.au as we are no longer taking renewals through the Branch. New membership forms with payment however may be left with the Treasurer at a Branch meeting.

<https://nationalseniors.com.au/about/branches/central-coast-wyong>



This newsletter has been published due to the purchase of computers and printer via grants awarded by Central Coast Council and Wallarah 2 Coal Project



Our next monthly meeting will be on **March 24, 2020**
2:15pm Canton Beach Sports Club, Hibbard Street, Toukley

The following email address for any correspondence pertaining to the Branch:
nsaccwyong@hotmail.com