

# Seniors@Monash

The Newsletter of the Monash Branch NSA - Your guide to our information and events  
August 2019

*Meetings: 1.15 for 1.30pm start on 1<sup>st</sup> Wednesday of the Month,  
Community Centre, Miller Cres, Mt Waverley.*

## From the President

Hello everyone,

They say that perseverance pays off, and that's what National Seniors have been doing to make the Government aware of the Deeming Rate problem. It is now good to see that Government have at last made moves to address the problem.

Brisbane Office have also requested members to forward interesting articles for inclusion on the national website. Remember this is your organisation, so get involved!! Also there is a new name for the "Benefits Bulletin": it is now called "Member Matters".

At our Investment Group we had spoken about investing with La Trobe Financial. In NSA's recent Member Matters, there is an article listing the interest being paid by La Trobe for one month to seven years which ranges from 0.43% to 5.81%. See the notice board at the August meeting.

We still need to appoint a Branch Secretary, so please let me know if you are able to assist – we don't have a lot of mail to answer, and it is just a matter of sending in annual forms to cover our legal issues. We have a Minute Secretary thanks to Les Cooper.

I hope you enjoy our special afternoon tea at the next meeting, which is our AGM on Wednesday 7th August.

Regards.....Elaine

## Notice of 2019 Annual General Meeting

The Annual General Meeting of the Monash Branch of the National Seniors Association will be held in the Community Centre, Miller Crescent, Mount Waverley on Wednesday 7th August, 2019, commencing at 1:30 pm.

### Agenda:

1. Welcome
2. Apologies
3. President's Report
4. Treasurer's Report
5. Election of Office Bearers
7. Any other reports
8. Other Business

No branch member shall be entitled to vote at the meeting if their annual subscription is more than one month in arrears at the date of the meeting. Currency of membership can be validated by the presentation of your NSA membership card. Voting by proxy is not permitted.

Monash Branch: NSA [A 0052984J]

Mailing Address: 19 Weber Crescent, BURWOOD EAST VIC 3151

## August Meeting – Our Speaker

Our speaker following the AGM will be Greg Lynch, “The Picture Show Man”

He is always good fun, so don't let the thought of the AGM put you off. Elaine will make sure that it will be brief, and there will be a special afternoon tea as well.



Greg Lynch will talk about his time in Hollywood, his friendship with William Holden / Roger Moore / Van Heflin / Rock Hudson - The extraordinary meeting with Liza Minnelli & the release in Australia of the motion picture "Rocky" - Greg Lynch rose from Spool Boy to major executive with United Artists, then went on to form his own independent film company GLFD - This saw the production of the AFI award winning production of "Hard Knocks" with Tracey Mann, who went on to win the coveted AFI best actress trophy. The introduction of 3D movies to Australia - Touring the world with John - Michael Howson - Then a move during the 80's into live entertainment, and the promotion & friendship of local & overseas artists, such as Tommy Sands / Wanda Jackson / The Diamonds / Crash Craddock / Barry Stanton / Frankie Davidson / Johnny Devlin / The Thunderbirds / Issi Dye / Vicky O'Keefe (daughter of JO'K) / Dorothy Baker & Graham Kennedy.

## Our July Meeting

For July two representatives from the Monash City Council, Sallenna Moutis and Susan Greaves spoke about the facilities such as disabled parking, home maintenance and transport provided for or available to elderly citizens, as well as information and advice relating the National “MY AGED HOME CARE SCHEME” and how and why to register for the different levels of assistance.

It was a very informative and worthwhile talk.

*Bob Thorne*

## Investment Group



We meet at 10 am on the 4<sup>th</sup> Wednesday of the Month.

*The next Meeting will be at 10am on 28 August 2019  
at Wadham House, Wadham Parade, Mount Waverley.*

If you would like to join in, please ring Danny on 9807 1524.

## National Seniors Brand Survey

Kristie from Brisbane Office advises that National Seniors Head Office have again contracted IPSOS to conduct a brand survey for National Seniors. A selection of members may be approached by IPSOS to participate in the survey. Of course you do not have to participate unless you wish to do so, but if you are approached by them, be assured that it is not a scam.

## Coming Events – Make a Note in Your Diary!

For details, see the individual notices.

- 1st Wednesday:** Our Regular Meeting
- 2nd Wednesday:** Wednesday Lunch Group (suspended during Winter months)
- 2nd Saturday:** Evening Dine Out (suspended during Winter months)
- 4th Wednesday:** Investment Group and Arm Chair Travel
- 4th Sunday:** Sunday Lunch Group (suspended during Winter months)

Wed	07 Aug	Annual General Meeting – Greg Lynch, <i>The Picture Show Man</i>
Sat	10 Aug	Theatre Outing: <i>“Thoroughly Modern Millie”</i>
Thu	15 Aug	Morning Tea at the Gallery
Sun	18 Aug	TLC lunch meeting – Matthew Flinders Hotel
Wed	28 Aug	Investment Group

Wed	04 Sep	General Meeting
Sat	9 Sep	Theatre Outing: <i>“Ladies in Black”</i> Musical
Wed	25 Sep	Investment Group
Thu	26 Sep	Visit to Terracotta Warriors Exhibition

Wed	02 Oct	General Meeting – <i>Annual Economic Update</i>
TBA	Sep/Oct tba	Visit to Archibald Prize Exhibition, Healesville
Wed	25 Oct	Investment Group

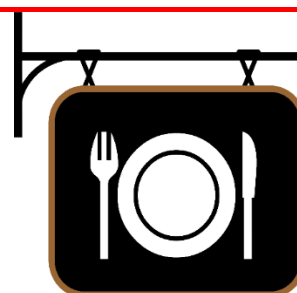
Thu	14 Nov	Visit to Australian Synchrotron
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Thu	09 Jan 2020	Theatre Outing – <i>“Chicago”</i> the fabulous Musical
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### Mid-Week Lunch Group

*We have suspended our activities for the Winter months, but do you have any suggestions for venues for future lunches?  
Please contact Anne Walker with your thoughts. She is always open to exciting ideas.*

**Come along and enjoy a pleasant lunch and great company.  
Contact: Anne Walker: 9560 7424**



### Evening Dine Outs

*We have suspended our activities for the Winter months, but Evening dine-outs will recommence once the weather gets warmer.*

*In the meantime, contact Russell and Patricia Mills with any recommendations*

### Our Thanks to Monash City Council

NSA Monash Branch greatly appreciates the support of Monash City Council in funding our meeting venue, arranging the seating and for the use of audio visual equipment

## Our Outing to Bendigo

The wonderful Leonie Taylor organised a group outing in early July, and some 25 members met at Southern Cross Station (still Spencer Street Station to many of us) to take the train to Bendigo to see the exhibition of portraits “From Tudors to Windsors” at the Bendigo Art Gallery. It’s lucky that we didn’t join a “Quiet Carriage” as the noise level of the chatter of the group quite drowned out the sounds of the train.

The exhibition comprised a large number of portraits on loan from the National Portrait Gallery in London, together with other material – armour, fashions, gloves, jewellery and even replicas of the crown jewels – on loan from Historic Royal Palaces, the Bath Fashion Museum, The Worshipful Company of Glovers of London, the Royal Armouries, the Museum of the Fashion Institute of Design at Los Angeles, the National Gallery of Victoria, the State Library of Victoria and the Art Gallery of South Australia. The portraits included images ranging from Henry VII in the late XV century to some current pictures of British royalty in the XXI century. And perhaps even more interesting, portraits of some of the prominent non-royal figures of the times.

The changes in portraiture over this period were quite marked, not only in technical prowess (“Look at the hands” they say), but also in the preferred styles of portraiture. And I wonder about mouths – is what we see today as the narrow, mean and spiteful mouth of Henry VIII a true reflection of his character, or simply the portraiture fashion of the times? Was a small mouth considered handsome in the early XVI century?

I wish there had been a portrait of the deplorable “Prinny” when as King George IV he made a visit to Scotland clad in kilt and pink stockings – but I suspect that even if there had been one, the National Portrait Gallery is keeping it well under wraps! Perhaps the old crime of lèse majesté is still on the books in Britain?



But there was one portrait which gained a great deal of attention from all – that of George Villiers, the first Duke of Buckingham, reputed lover/toyboy of James I.

This 1616 picture is a full-length representation of the 24-year old epicene duke, and one has to wonder whether the artist was emphasising the effeminacy of the man or did he really look like that. “I wish my legs were as nice as that” was a comment heard from a woman in the crowd!

Accompanying the pictures were some excellent charts with simple presentations of royal genealogies, showing who was who, and timelines relating the portraiture subjects to the wider historical events of their period.

After viewing the exhibition we were able to have lunch in the Gallery café; that in itself was an experience with the members of the group effectively taking over the cafe. We are all very grateful to Leonie for organising this trip.

The exhibition is now over, so if you want to see it you will have to travel overseas.

*Blair*

## Morning Tea at the Gallery

We had a very pleasant morning at the Monash Gallery of Art Cafe in Wheelers Hill.

There were 12 members present, and we got to chat to everyone and get to know each other better.

All agreed we should meet again, so **THURSDAY 15 AUGUST** at 10.45 am is the next date. The Gallery is located on the corner of Ferntree Gully Road and Jells Road. There are entries from both roads and plenty of parking.

## 4th Sunday Lunch Group

*We have suspended our activities for the Winter months,  
but do you have any suggestions for venues for future lunches?  
Please contact Win Murphy with your thoughts. She is always open to exciting ideas.*

Add your name and contact phone number to the list at our next meeting, or  
**Contact: Win Murphy, 0421 467 995 or [win.murphy42@gmail.com](mailto:win.murphy42@gmail.com)**

## An Obituary from “The Times” of London

Today we mourn the passing of an old friend, Common Sense, who had been with us for many years. No one knows for sure how old he was, since his birth records were long ago lost in bureaucratic red tape. He will be remembered as having cultivated such valuable lessons as: Knowing when to come in out of the rain; Why the early bird gets the worm; Life isn't always fair; and Maybe it was my fault.

Common Sense lived by simple, sound financial policies (don't spend more than you can earn) and reliable strategies (adults, not children, are in charge).

His health began to deteriorate rapidly when well-intentioned but overbearing regulations were set in place. Reports of a 6-year-old boy charged with sexual harassment for kissing a classmate; teenagers suspended from school for using mouthwash after lunch; and a teacher fired for reprimanding an unruly student, only worsened his condition.

Common Sense lost ground when parents attacked teachers for doing the job that they themselves had failed to do in disciplining their unruly children.

It declined even further when schools were required to get parental consent to administer sun lotion or an aspirin to a student; but could not inform parents when a student became pregnant and wanted to have an abortion.

Common Sense lost the will to live as the churches became businesses; and criminals received better treatment than their victims.

Common Sense took a beating when you couldn't defend yourself from a burglar in your own home and the burglar could sue you for assault.

Common Sense finally gave up the will to live, after a woman failed to realise that a steaming cup of coffee was hot. She spilled a little in her lap, and was promptly awarded a huge settlement.

Common Sense was preceded in death by his parents, Truth and Trust; by his wife, Discretion; by his daughter, Responsibility; and by his son, Reason.

He is survived by his five stepchildren; - I Know My Rights; I Want It Now; Someone Else Is To Blame; I'm A Victim; Pay me for Doing Nothing.

Not many attended his funeral because so few realised he was gone.

## Another Visit to the Synchrotron

Did you miss out on our visit to the Synchrotron? Phil Allen has organised another visit for us in November.

The Australian Synchrotron is a major research facility located in Clayton, a technology and innovation hub of southeast Melbourne. It is one of Australia's most significant pieces of scientific infrastructure. Opening in 2007 at its site in Clayton, Victoria, the Synchrotron is Australia's largest and arguably most successful scientific user facility, benefiting over 3000 researchers from academia, medical research institutes, governments, and other research organisations, and industry.

Our visit is timed for **14 November at 10.00am**, lasting 90 minutes. Attendees could have a coffee at Wheelers Hill Gallery or an early lunch at the Wheelers Hill hotel following the visit. The cost will be \$16.50 per person if there are 15 visitors participating. The minimum number is 12 and the maximum is 24.

**Pre-registration is essential**, and there will be a registration sheet at the AGM.

## A Free Offer for National Seniors Members

A recent National Seniors 'Connect' edition arrived in my in box mid-July, offering members a two months' free subscription to the Switzer Report, a leading investment report with stock tips and market recommendations. If you would like to take up this offer, check your 'In box', 'Promotions', or 'Junk Mail' areas and read through the article.

*Elaine*

# Monash Theatre Lovers – Future Theatre Events



Contact Leonie: [leonietlc@y7mail.com](mailto:leonietlc@y7mail.com) or 9899 1990  
(leave message with your name and contact details)

Once a Month – Enjoy a recent movie release with tea/coffee/snack at Palace Cinema, Whitehorse Rd, Balwyn, or Hoyts Cinema, Forest Hill Chase, Canterbury Road, Forest Hill.

**PUT YOUR NAME ON THE LIST** to be contacted by email/phone with movie/date/time etc.

There is a Tram stop in front of the Cinema. Street Parking is available.

Join us for a movie/coffee/chat....**Contact Leonie re: Bookings/Payments/Session Time.**

Sandwiches/snacks, Wine/Coffee available from the Coffee Shop/ Box Office.

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**Sunday 18 August 12:30**

**TLC LUNCH/MEETING.**

**Mathew Flinders Hotel....Warrigal Rd. Chadstone.**

Catch up, ideas, bookings, payments, over lunch at

**Always busy, so book with me asap limited seating.**

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**Saturday 9th September 7:45 pm pre show drinks.**

Musical Version: **"LADIES IN BLACK", Music by Tim Finn**

Malvern Theatre Company (Amateur) 29 Burke Rd. Malvern East. Street Parking.

An Australian story, set in Sydney in 1950. It tells the story of a bookish school leaver who works in the fashion department at a large department store. A story of our times in Australia with challenges for everyone. A thought provoking show, with clever dialogue, and witty songs and music.

**Book ASAP & Pay by Aug 29<sup>th</sup>. \$30 Includes Drinks & Supper after the show.**

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**Thursday 26 September. 12:30 to be confirmed** (About 1 hour tour)

**TERRACOTTA WARRIORS EXHIBITION, over from China.**

National Gallery of Victoria, St Kilda Rd. Melbourne.

Maximum Group 25 Entry \$25 concession .

Free General Guide. (A private tour guide will be \$8 each extra)

**BOOK ASAP**

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**Thursday 9th January. 2020... Matinee 12:30 for 1pm.**

The Fabulous Musical **"CHICAGO"**

State Theatre, Arts Centre.

Starring: Jason Donovan, Natalie Bassingthwaite, Casey Donovan, Alinta Chidzey

The Musical has been honoured with 6 Tony Awards, 2 Oliver Awards and a Grammy.

**Book ASAP, Payment by 1st Nov 2019. Special group price \$73, stalls seating**

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**2020 - Date to be advised**

The Musical – **"BILLY ELLIOT"** Music by Elton John

Regent Theatre

. Group 16+

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**HARRY POTTER**

**DATE, COSTS ETC. TO BE ADVISED/**



**Please – out of courtesy to other members, switch off or silence all mobile phones and pagers during our meetings.**



*To all members who have been  
unwell,  
we hope you feel better soon.  
Best Wishes for a speedy  
recovery and we look forward to  
you being back with us fit and  
well.  
If you know of a member who is  
unwell, please contact our  
welfare officers  
Danny and Christina Ward on  
98071524*

## Keeping up to date with NSA publications

The amount of information being disseminated through NSA online publications seems to be growing daily. Well, not really, but it is steadily increasing.

So do look in your Inbox for "Connect", "Benefits Bulletin", "Our Generation", "50 Something", "Travel e-Newsletter", Travel Cruise Club, Travel Groups Club, Travel Solo Club, Policy & Research Projects and Special Promotions.

Did you see these items in this week's "Connect"?

- National Seniors demands rethink on Newstart
- Out of Pocket Health Costs
- New Scam Warning
- Carers of older Australians
- The truth about aged care
- Win tickets to Palm Beach
- Discount on travel insurance

## Just for Fun

Those of you who are interested in Family History will relate to this: item from [www.genealogyjokesandpoems](http://www.genealogyjokesandpoems):

A modern mother is explaining to her little girl about pictures in a family photo album.

"This is the geneticist with your surrogate mother  
And here's your sperm donor  
And here is your father's clone.

This is me holding you when you were just a frozen embryo.

The lady with the very troubled look on her face is your aunt, a genealogist."



## Trade Persons Register

Many members need jobs done and are looking for reliable and economical Tradespersons.

We have a list covering the various trades. Please add to the list if you have used someone recently whom you can recommend; However please keep in mind that we will be having only one person in each category.

Some of the Tradespeople have advertised below. Other Trades are represented on the following list: Garden Maintenance, Plumber, House Painter, TV Service, Pest Control, Auto Mechanic Mobile Service, Upholsterer, Curtain Maker, French Polisher, Handyman.

For the details of the relevant tradesperson, please contact *Elaine Forde* on 9790 5073

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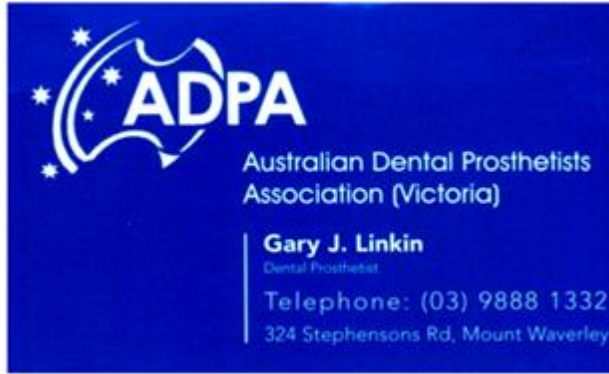


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<b>Speakers</b>	Bob Thorne	9560 5360	<a href="mailto:lrthorne@bigpond.net.au">lrthorne@bigpond.net.au</a>
<b>Outings</b>	Trish Cooper	9887 9293	<a href="mailto:patriciaac@optusnet.com.au">patriciaac@optusnet.com.au</a>
<b>Theatre</b>	Leonie Taylor	9899 1990	<a href="mailto:leonietlc@y7mail.com">leonietlc@y7mail.com</a>
<b>Group Co-ordinators</b>			
<b>Investment/Travel</b>	Danny Ward	9807 1524	<a href="mailto:dwcw@optusnet.com.au">dwcw@optusnet.com.au</a>
<b>Wednesday Lunches</b>	Anne Walker	9560 7424	<a href="mailto:len.walker73@bigpond.com">len.walker73@bigpond.com</a>
<b>Saturday Dine Outs</b>	Russell & Patricia Mills	9764-4415	<a href="mailto:russmills36@bigpond.com">russmills36@bigpond.com</a>
<b>Sunday Lunch</b>	Win Murphy	0421 467 995	<a href="mailto:win.murphy42@gmail.com">win.murphy42@gmail.com</a>
<b>Welfare</b>	Danny and Christina	9807 1524	<a href="mailto:dwcw@optusnet.com.au">dwcw@optusnet.com.au</a>
<b>Book Exchange</b>	Noelle Rigby & Lina Agius		
<b>Kitchen</b>	Shirley Miller & Helpers		