

**MORNINGTON PENINSULA BRANCH NEWSLETTER      September 2020**

**Branch Meetings and all Activities have all been CANCELLED until further notice due to COVID-19.**

**President/social secretary report (Jills Jottings)**

**Hello Everyone,**

Hopefully you are all well and coping with the restrictions.

I imagine the recent Spring weather has helped to boost our spirits. Certainly I didn't enjoy the wild weather and gloomy skies we experienced in August.

Several of you have sent in items for the newsletter- keep the recipes, jokes, photos and your activities coming. Have you watched a good film on SBS live and free, or have you read a great book? We would love to know.

It seems unlikely we will be able to gather together until November at the earliest due to Covid-19 restrictions.

Before the AGM we will send a president's and treasurer's report to all members.

I was really looking forward to having some interesting speakers I had arranged for this year.

Hopefully they will all be eager to come next year.

Will we be able to have some sort of function in December? Who knows! I wouldn't like to predict the future.

Stay safe and keep smiling.

**Cheerio,**

**Jill**

The **Branch AGM** (annual general meeting) which is normally held in September will be held later in the year due to Covid-19.

We will let you know the date **at least 1 month before.**

**With Covid-19 restrictions in force we may have to conduct the AGM outside.**

I again hope you are all well and stay well and that we all survive.

This month I have included some short articles about what some members have been doing, some recipes, some pictures and some (I hope) funny things.

Also **please let me know** of any **improvements** I could make to this Newsletter.

Thanks from Doug the Newsletter writer

**Committee Members 2019/20**

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**Branch Contact Details**

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Note: Regrettably after dicussions with Jill Falla I have removed the other committee members email addresses (except for mine) from this Newsletter for security reasons.

**Frankston Branch of National Seniors - No Events**

## **Members Activities during Lockdown.**

### **What Angela Grivas has been doing.**

Hi all, keeping busy I'm catching up pottering out in the garden weather permitting, cooking mostly.

### **What Jill Falla was doing last year (somewhere in South Africa).**

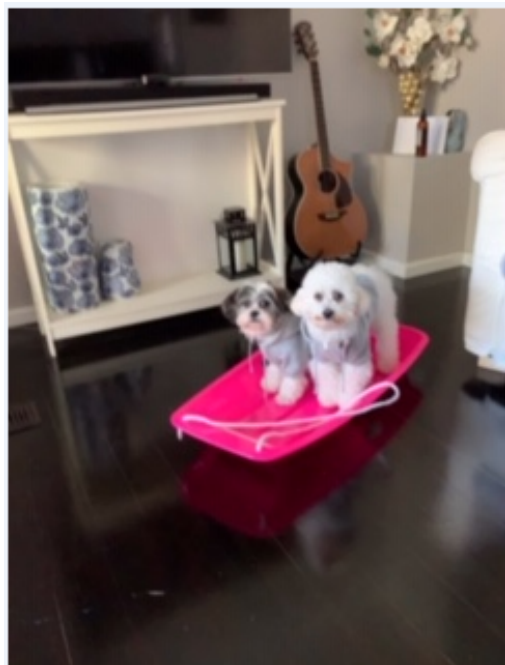


### **What Maureen Dodson has been doing.**

I am still ticking over, and reading, TV, and listening to music.

### **What Val de Lange has been doing.**

Like everyone I have been gardening reading patchwork and yesterday made chicken pies hope all are okay . Val has also been looking after her family's pet dogs.



## **Members Recipes.**

### **Angela Grivas's Recipe for Stir Fry Chicken with Basmati rice.**

Here's my quick Stir Fry Chicken with Basmati rice using absorption method cook rice, using 1 chicken breast cut into strips, stir fry in wok using small amount virgin olive oil, or peanut oil. Remove, keep warm. Slice one small onion and half small red capsicum stir fry until softened and onion slightly caramelised, add in chopped ginger, crushed garlic, and chilli (I use Sambal Olec chilli paste as it is easy to estimate the amount) use chicken stock in small amounts as you go just enough to have a sauce like consistency only. Stirring constantly add in the veggies like chopped mushrooms, small broccoli florets, frozen corn and all other vegetable you like, but use veggies that don't take long to cook last, so as they remain firm. Add cooked chicken, rice, salt & pepper and a LITTLE Sesame oil to taste, with a large spoon gently mix well to combine. Bon Appetite 🍴

### **Jill Falla's Recipe for Fruit Cake.**

1 kg packet of mixed dried fruit  
600 ml carton of chocolate flavoured milk  
2 cups of self raising flour

Soak fruit in the chocolate flavoured milk overnight

Set oven to 180 degrees  
Mix self raising flour into fruit mixture.  
Bake in a 20 cm round cake tin or 2 loaf tins.  
Check after 1 hour and allow to cool in tin.

## Humour from Jill Falla

### EVERYONE PLEASE BE CAREFUL

BECAUSE PEOPLE ARE GOING CRAZY FROM BEING LOCKED DOWN AT HOME! I WAS JUST TALKING ABOUT THIS WITH THE MICROWAVE AND THE TOASTER WHILE DRINKING MY COFFEE, AND WE ALL AGREED THAT THINGS ARE GETTING BAD. I DIDN'T MENTION ANY OF THIS TO THE WASHING MACHINE, BECAUSE SHE PUTS A DIFFERENT SPIN ON EVERYTHING!! CERTAINLY COULDN'T SHARE WITH THE FRIDGE, CAUSE HE'S BEEN ACTING COLD AND DISTANT! IN THE END, THE IRON STRAIGHTENED ME OUT! SHE SAID THE SITUATION ISN'T ALL THAT PRESSING AND ALL THE WRINKLES WILL SOON GET IRONED OUT! THE VACUUM, HOWEVER, WAS VERY UNSYMPATHETIC... TOLD ME TO JUST SUCK IT UP! BUT THE FAN WAS VERY OPTIMISTIC AND GAVE ME HOPE THAT IT WILL ALL BLOW OVER SOON! THE TOILET LOOKED A BIT FLUSHED BUT DIDN'T SAY ANYTHING WHEN I ASKED ITS OPINION, BUT THE FRONT DOOR SAID I WAS BECOMING UNHINGED AND THE DOORKNOB TOLD ME TO GET A GRIP! YOU CAN JUST ABOUT GUESS WHAT THE CURTAINS TOLD ME: THEY TOLD ME TO "PULL MYSELF TOGETHER!" WE WILL SURVIVE!! PASS IT ON - GOTTA KEEP THE HUMOR!

## Humour from Ray Joppich

Quarantine day 46. 😂



## **Humour from Peter Ford (an ex President)**

### **FOR THOSE WHO ARE BORED WITH THE CURRENT RESTRICTIONS :**

*Something for seniors to do to keep those "aging" grey cells active! And for you younger ones, to get them growing!!*

1. Johnny's mother had three children. The first child was named April. The second child was named May. What was the third child's name?
2. There is a clerk at the butcher shop, he is five feet ten inches tall and he wears size 13 sneakers. What does he weigh?
3. Before Mt. Everest was discovered, what was the highest mountain in the world?
4. How much dirt is there in a hole... that measures two feet by three feet by four feet?
5. What word in the English Language... is always spelled incorrectly?
6. Billy was born on December 28th, yet his birthday is always in the summer. How is this possible?
7. In California, you cannot take a picture of a man with a wooden leg. Why not?
8. What was the Prime Minister's Name...in 1975?
9. If you were running a race, and you passed the person in 2nd place, what place would you be in now?
10. Which is correct to say, "The yolk of the egg are white" or "The yolk of the egg is white"?
11. If a farmer has 5 haystacks in one field and 4 haystacks in the other field, how many haystacks would he have if he combined them all in another field?

### **Here are the Answers: (No peeking!)**

1. Johnny's mother had three children. The first child was named April. The second child was named May. What was the third child's name?

Answer: Johnny, of course.

2. There is a clerk at the butcher shop, he is five feet ten inches tall, and he wears size 13 sneakers. What does he weigh?

Answer: Meat.

3. Before Mt. Everest was discovered, what was the highest mountain in the world?

Answer: Mt. Everest; it just wasn't discovered yet. [You're not very good at this are you?]

4. How much dirt is there in a hole that measures two feet by three feet by four feet?

Answer: There is no dirt in a hole.

5. What word in the English Language is always spelled incorrectly?

Answer: Incorrectly

6. Billy was born on December 28th, yet his birthday is always in the summer. How is this possible?

Answer: Billy lives in the Southern Hemisphere.

7. In California, you cannot take a picture of a man with a wooden leg. Why not?

Answer: You can't take pictures with a wooden leg. You need a camera to take pictures.

8. What was the Prime Minister's Name in 1975?

Answer: Same as is it now - Boris Johnson [Oh, come on ...]

9. If you were running a race, and you passed the person in 2nd place, what place would you be in now?

Answer: You would be in 2nd. Well, you passed the person in second place, not first.

10. Which is correct to say, "The yolk of the egg are white" or "The yolk of the egg is white"?

Answer: Neither, the yolk of the egg is yellow [Duh]

11. If a farmer has 5 haystacks in one field and 4 haystacks in the other field, how many haystacks would he have if he combined them all in another field?

Answer: If he combines all of his haystacks, they all become one big one.

### **Humour from Robert Cooper (an ex member) European carry bag**

