

Hillarys & Districts Branch

Branch meets at 10:00am on the first Wednesday of each month at the Flinders Park Community Hall, 137 Broadbeach Boulevard, Hillarys.

Postal address: PO Box 141 Hillarys 6923

September 2021 Newsletter – Issue 189

President's Report

Every month I'm hoping to start off my newsletter with, "Isn't it great that we have finally combated Covid, and we are free to confidently visit interstate friends and family." but it never seems to happen.

With the situation in NSW now seemingly out of control and increasing numbers of infected young people in the ACT and Victoria, we are lucky that the Delta variant hasn't made its way into Western Australia. I guess all we can do is hunker down and make sure that as many people, young and old, as possible are vaccinated so as we all develop some sort of resistance and immunity. There is an interesting little piece of prose at the end of this newsletter that I came across on my Facebook feed. Whether you agree or not, it's an interesting read for those people who proclaim to be anti-vaccination.

So much more pleasant note, how good was our turn up in membership at the AGM last month? Several new members arrived, and I know we made them feel welcome as we always do. The club's operation was saved by Janet who put her hand up to take on the secretary's role. Janet is very keen and will do a good job once she gets used to the role. Everyone needs to give her a pat on the back for stepping up.

It would be very remiss of me in this newsletter, the first after the AGM, if I didn't

thank the rest of the committee for their support and loyalty to the club and their total understanding of their, and the committee's role.

Political alerts this month: -

The WA State Government has increased the annual Anzac Day Trust Fund by \$1 million a year and introduced a new \$430,000 program to develop a local assistance program for veterans and first responders. Organisations can use this funding to assist ex-service personnel and their families in providing support services, care, accommodation, skills training, career transition, work placement and access to professional networks.

Western Australia's vaccine rollout is picking up speed, with bookings reopening for those aged 30 to 39 and 140,000 Pfizer appointments on offer for eligible Western Australians over a two-week vaccination blitz. The vaccination blitz will run between Monday, August 16 to Sunday, August 29. In total more than 1.1 million COVID-19 doses have now been administered in WA with another 1.7 million to go.

National Seniors Australia survey of views on voluntary assisted dying (VAD). Of those who responded, 86% either supported or strongly supported the option of voluntary assisted dying for those with a terminal illness. 67% supported or strongly supported the option of voluntary assisted dying when illness was not terminal. One

National Seniors Australia – Hillarys & District Branch

person wrote 'the quality of death should be given the same attention as the quality of birth'.

Western Australian Seniors Card members can now claim up to \$400 per household towards the purchase of eligible home security equipment - as part of the 2021-22 State Budget. This covers installation of devices such as: home alarm and CCTV systems; security door screens; door and window deadlocks; security window screens or shutters; security sensor lights; WiFi video doorbells; residual current devices; mains powered smoke alarms; and fire extinguishers and fire blankets.

Stay Happy, Healthy and Safe
Cheryle Medcalf

Membership Renewals

One year – \$45 single or \$75 joint m'ship.

Two years – \$80 single, Save \$10 or \$125 joint m'ship, Save \$25.

Three Years - \$99 single, Save \$36 or \$149 joint m'ship, Save \$76.

Five years – \$195 single, Save \$30 or \$295 joint m'ship, Save \$80.

Payable at branch Meetings or send to National Seniors Australia,
Reply Paid 1450, Brisbane QLD 4001.

Members who use internet banking, can use Electronic Fund Transfer (EFT) facility to pay for Membership Renewals, name badges, events that require prepayment, etc.

Account Name: National Seniors Assoc Hillarys.

BSB: 036-226 A/C No: 24-9794

Please include Surname and keyword in the transfer.

National Seniors Australia (NSA)

Do NOT combine payments for multiple functions, only pay for one function at a time.

Name Badges: please contact our Treasurer Joe Varischetti who will order these for you, cost is \$10.

Member's Welfare

If you become aware of a member who is dealing with illness or hear of a member who has passed please contact one of the Committee Members. Notification can then be sent to other members who wish to visit or pay their respects.



Members celebrating birthdays for September

3rd September : Paul Headley
20th September : Marilyn Jones
19th September : Kenneth Riddell
22nd September : Sandra Ruscoe
4th September : Ron Smith

Wishing you all a very happy birthday filled with love, laughter, pressies and cake.

Anyone wishing to add their birthday to the birthday spread sheet, please let me know

For Your Calendar

Next Meeting: Wednesday 1st of September

For our next meeting lets celebrate the next season of our wonderful club.

If anyone would like to bring along something nice to share at morning tea, that would be much appreciated.

Time: 10am.

Followed by lunch at Mia Cucina at the Hillarys Boat Harbour.

Speaker: Terry Harvey

National Seniors Australia – Hillarys & District Branch

Topic: Camels and Cameleers in Australia

The Afghan Cameleers are to a large extent the forgotten heroes of the early development of Australia. Terry will give a brief history of the Cameleers and provides some interesting facts about camels, their uses past and present, and the considerable problem of feral camels in our outback.

Social Events

Monthly Dinner – A time for members to celebrate a birthday, anniversary, or just “celebrate life” fellow members and friends.

When: Saturday 25th September

Where: Currambine Tavern

Time: 6:30pm

Please contact Nita (Mobile Ph 0400 063 143) if you wish to attend.



Monthly Morning Tea

Please join Judy Varischetti and other Branch members in a pleasant morning of stimulating conversation. Please wear your name badge. Friends are also most welcome.

This is a great little social occasion to catch up with other members for coffee, cake and a chat. A very pleasant time is always had by all.

When: Friday 17th September

Time: 10am

Where: Shingle Inn at Whitford Shopping Centre.

Remember, to add your name to the lists at the meetings, or, contact Nita on 0400 063 143 for Dinners or Robyn on 0427 478 681 for lunches and Cheryle on 92064918 for outings.

Upcoming Social Outings

• **Sikh Temple in Caversham** The visit to the Sikh Temple for Sunday the 3rd October has been confirmed.

There is however a change of time, we now need to meet in the car park at 8:15 am

This will allow the witnessing of the final prayers with supplied breakfast thereafter .

Please add or delete your name accordingly on the list at the next meeting.

• **Walking tour of UWA** - learn about the university's history and development, be informed as to how the grounds gardens and buildings are maintained. Cost per person \$5. This is a morning tour 10:00 till 11:30 so afterwards we can go to the Bayside kitchen café for a light lunch

• **Perth Observatory** booked for the evening tour on the 26th of February. Thank you to all those participants who put their name down and paid so quickly. I really appreciate the prompt payment because it takes some of the pressure off my credit card. 😊

I am now I able to book extra tickets so if you missed out on the first round, please put your name on the list and I will purchase a ticket for you.

Community Events

LiveLighter, Aged Care Games 2021

This is a fun event for “Seniors in Care”, in Aged Care Facilities, Day Centres, Clubs/Groups or in their own home.

Form teams of 6 to 10 participants and register to take part in games specifically designed for “Seniors in Care”.

National Seniors Australia – Hillarys & District Branch

Winning team receives a trophy and all participants receive medals

For further information or to register call:
08 9492 9773

When: Monday 6th September

Where: Bouncer Sports, 4 Elcar Lane, Joondalup

Time: 10am – 2pm

Please see attached flyer for more details

Community Theatre

The Darlington Theatre Players Present:
Their One-Act Season.

When: 27 August – 4 September

Where: Marloo Theatre, 20 Marloo Rd, Greenwood

Time: Fri, Sat – 7:30. Sun -2pm

Cost: \$10

Tickets: trybooking.com/BSONE



The vaccine situation as is:

I'm vaccinated, not to please the government but:

* To NOT die from Covid-19.

* To NOT clutter a hospital bed if I get sick.

* To hug my loved ones

* To NOT have to do Covid tests to go out

dancing, go to a restaurant, go on holidays, join in my club and many more activities to come ...

* To live my life.

* To kids/grandkids go back to school and play sports.

* For Covid-19 to be an old memory.

* To protect us all.

And to protect all the people around me

• On the other hand, no, I don't know what's in it - neither in this vaccine, the ones I had as a National Seniors Australia (NSA)

child, nor in the Big Mac, or in hot dogs, or in other treatments, whether it's for cancer, AIDS, the one for polyarthritis, vaccines for infants or children.

I also don't know what's in Ibuprofen, Panadol, or other meds, I know it just eases my headaches, my pains ...

I don't know what's in the ink for tattoos. Or every ingredient in my soap or shampoo. I don't know the long-term effect of mobile phone use or whether that restaurant I just ate at REALLY used clean foods or just said it!

In short ...

There's a lot of things I don't know and never will...

I just know one thing: life is short, very short, and I still want to do something other than just going to work every day or staying locked in my home. I still want to travel and hug people without fear, find a little feeling of life "before".

As a child and as an adult I've been vaccinated for mumps, measles, rubella, polio, chicken pox, and probs a few others; my parents and I trusted the science and never had to suffer through or transmit any of said diseases ... just saying.

Helpful Information

Elder Abuse Helpline WA: 1300 724 679

Seniors Card (WA): 6551 8800

Centrelink (Retirement): 132 300

Employment Services: 132 850

Seniors Info Services: 6551 8800

Older People's Rights Services: 9440 1663

Aged Care Complaints Commissioner:
1800 550 552

National Carer Gateway: 1800 422 737

Dept of Veterans Affairs: 133 254

Dementia Australia - 1800 100 500.

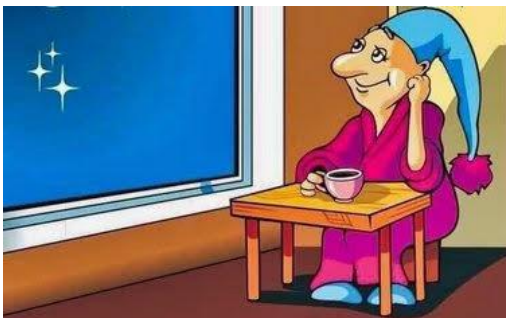
Justice of the Peace - Saturday Morning at Joondalup Library. 10.00am – 12.30pm

Woodvale Library 9.30am – 11.30am

WA Scam Internet Site:-

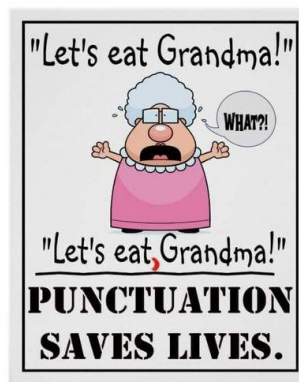
www.scamnet.wa.gov.au

A bit of lightness:



The older I get,
the more I realize I don't
want to be around drama,
conflict or stress.

I want a cozy home, good
food, and to be surrounded
by happy people.



Newsletter Submissions:

All Submissions for the October Newsletter need to be in by the 24th of September.

BRANCH CONTACTS

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