

DIARY DATE CLAIMERS: All bookings/queries/payments please see John C.

A \$5 surcharge will be added onto the members cost for all non-NSA members who join our bus trips.

Sept 24 SPRING BUS TRIP: Summerland Camel Farm at Harrisville, incl morning tea only.....\$50

October 15 BRING & BUY: Homemade craft items, baked & bottled goods.

October 29 DAY TRIP HARBOUR TOWN @ Helensvale: Return train/bus transfers.....50c fares

Dec 3 CHRISTMAS LUNCHEON: Geebung RSL: Sit down dining - 2 course menu.....Cost: TBA

COMMITTEE MEMBERS: All correspondence please email: nsachermside@outlook.com

President: Barbara Coleman

M: 0413 494 693

Secretary: Vicki Beardmore

M: 0421 630 742

Treasurer: Sue Webster

Membership: Jeanette Daff

M: 0423 579 621

Guest Speakers: Vicki Beardmore

M: 0421 630 742

Activities: Karlotta Reeves

M: 0410 699 300

Tours: John Canterbury

M: 0411 046 179

Email: jncgrange@gmail.com

Welfare Officer: Jenny Tidey OAM

M: 0409 108 358

Newsletter: Alayne Brown

M: 0413 317 690

VENUE REMINDERS:

* If the main doors are closed, enter via the Newman Rd entrance of The Cove Kitchen & Bar.

* **MEETING PARKING:** Car park entry off Newman Rd.

* **BUS TRIP PARKING:** Carpark in Collings St adjacent to the trainline.

* **BUS PICK UPS:** Wait at the BCC bus shelter on Newman Rd opposite the club carpark entry.

LORD MAYOR'S CITY HALL CONCERTS: FREE From 12 – 1pm Every Tuesday

For full details of performances go to:

www.sarahhutton.com.au/local-updates/lord-mayors-city-hall-concerts

SEPT 22 BRISBANE FESTIVAL: UQ Music Gala

SEPT 29 Andrews Sisters Tribute

OCT 13 Jody-Joy Salutes Dusty Springfield

OCT 20 Going for Gold: Christopher Wrench and Blake Humphreys

OCT 27 Queensland Police Pipes and Drums & Band of Blue

NOV 3 Cinema & Standards: A Multi-Instrumental Tapestry

NOV 10 The Beatlegs: A dynamic Beatles Tribute Band

NOV 17 What a Wonderful World: The Music of Louis Armstrong

NOV 24 A Tribute to the Heart of Scotland



Event Cinemas Chermside host a weekly Seniors Movie Session on Wednesdays from 10.30am. Cost \$13 (includes morning tea & movie).

GENERAL REMINDERS:

Check your NSA Membership validity and renewal dates and renew if required. If unsure, please see Jeanette Daff (Membership).

For group verification and to claim any NSA Discount when ordering lunch, drinks etc, PLEASE wear your NSA name badge on all outings.

To order and purchase a badge, please see Sue Webster (Treasurer).

For payment of an event, please do **ONE** of the following ASAP:

1. **CASH:** Correct money placed in an envelope with:
Your Name – Event & Date – Amount enclosed
Please give the envelope to John C (Tours) who will issue a receipt.
.....OR.....

2. **BANK TRANSFER:** Please record your name in the "details section" of the transfer.

Acct Name: National Seniors Chermside

BSB No: 084150 **Acct Number:** 047984369

For lunch reservations, please put your name in the exercise book at the Social meeting or contact **Karlotta**, our **Activities Co-ordinator**, before the date of the lunch.

If you're aware of a member who is unwell, please let **Jenny Tidey OAM** know immediately, so that she can contact them.

For apologies, if you're unable to attend a meeting and if your contact or address details have changed, please let **Jeanette Daff** our **Membership Officer** know ASAP.

If you have info for the Newsletter, feedback and/or need to organise a lift to the meeting or to any of the social outings, please let **Alayne Brown** our **Public Relations Officer** know, to help with any arrangements.

NSA Our Generation Magazine: <https://nationalseniors.com.au/news/>



REDCLIFFE
Entertainment Centre

18th September @ 7.30pm

The Big chillout - Motown Spectacular

25th September @ 7.30pm

The Travelling Wilburys Collection

26th September @ 2.30pm

Paul Tabone salutes Andrea Bocelli

30th September @ 11.00am

The Magnificent Bubble Show

Tickets: www.redcliffeentertainmentcentre.com.au

or for phone bookings call: 3283 0407

National Seniors

AUSTRALIA

CHERMESIDE BRANCH: PO Box 2073, Chermside Qld. 4032

Venue: Geebung RSL, Newman Room, 323 Newman Rd, Geebung

Web Page: nationalseniors.com.au/get-involved/branches/Chermside



NEWSLETTER September 17, 2026

Good Morning Members & Guests

Hope you're enjoying the Spring weather we've been having - although it's been mixed - with a few hot days and then cold again. I am looking forward to the warmer weather.

It was RUOK Day on September 10th. There are some core messages for everyone, with the main one being Life Happens...every day. We should all try to look out for, encourage and listen to our partners, neighbours, family and friends. Regularly check in with them and meaningfully ask how they are. Start the conversation.

Wattle Day has been officially observed on September 1st, since 1992. This marks the first day of Spring and honours our National Floral Emblem, the Golden Wattle. Many trees and shrubs are still in full bloom now.

NSA will be holding a free Information event tomorrow and on October 12th, 9.45am - 12noon at their head office in Ann St, in the City. Presenters at this event will provide information on Financial Confidence, Practical Savings and Local Connections. If you are interested in attending the October 12th event, please let me or Vicki know as we need to book for members. This is a catered event with a light morning tea supplied.

Please remember the Bring & Buy will be held at next month's meeting.

Take care

Barbara Coleman

President

TODAY'S SOCIAL MEETING & MORNING TEA (Mobile phones off/on silent please).

Our Guest speaker, Barry Curtis will present a talk & video on the history of the HMAS Diamantina, which is permanently berthed at The Queensland Maritime Museum dry dock.

NOTE: Karlotta has made a lunch booking upstairs at Element Restaurant after today's meeting. If you'd like to stay on for a meal, chat or just a coffee, you're most welcome to join.

TIP OF THE MONTH: SENIOR'S ENQUIRY LINE ph: 1300 135 500 **Operated by Uniting Care**

Senior's Enquiry Line is a free state-wide information and referral service, which provides support to Queensland seniors, their families, friends and carers. **No question is too big or small. Speak to a real person.** Some common queries: *home help * concessions * financial/legal info * health * technology * scams * social/leisure activities *housing *transport.

SEPTEMBER BIRTHDAYS:

Gary Coleman 13th, Barbara Coleman 14th,

Janet Kelly 17th



SEPTEMBER ANNIVERSARIES:

Jeanette & Peter Daff (1971) 55 years

CONGRATULATIONS EVERYONE

NOTES FROM THE LAST MEETING:

- ❖ **Attendance:** 43 Members; **Apologies:** 10, **Visitors:** 1 We welcomed **Deb Green**.
- ❖ Karen Furnivall from NSA chaired our AGM, where all of the Committee members were re-elected. Two of our members - Helen Moran and Maree Buckley - were eligible for 25year membership certificates. Following morning tea, Karen gave a presentation of what NSA is currently advocating for, to help us in our later years.
- ❖ Stamps gratefully received from Carolyn Bohl & Terese Doblo. Terese also donated a gift voucher.
- ❖ The Whisky Raffle raised \$140 and was won by Del Hodge. Thanks to all who bought tickets – especially Del.

Paper and printing kindly supplied by the Member for Stafford, Luke Richmond & his staff

OTHER NOTES:

A \$5 surcharge will be added onto the members cost for all **non-NSA members** who join our bus trips and Christmas Lunch (for example: Cost - \$40 members and \$45 non-members). If you'd like to become an NSA member, please see Jeanette Daff (Membership), who can help you join up today.

Monday Sept 21st or Monday Oct 12th 9.45am for a 10am start – 12pm FREE NSA Information Session

"Financial Confidence, practical savings and local connections". A financial information session covering: Centrelink, Aged Pension, means testing, deeming and gifting; Ways to save money using NSA's EAT/PLAY/SAVE app; Advocacy updates, research and key campaigns of NSA. **Morning Tea included.** Held at NSA Head Office Board Room Level 19, 160 Ann St Brisbane. Places are limited. Register now: go.nationalseniors.com.au



NSA's Gratitude Week 8th – 15th November:

This is a nationwide celebration - coinciding with the 50th Anniversary of NSA - which encourages communities to recognise and say "thank you" to the volunteers, older family members and community champions who have shaped our lives. A key highlight of Gratitude Week is the "Who raised You Up?" Campaign, where NSA is inviting Australians to share heartfelt messages or videos honouring a parent, mentor, teacher or community leader who has made a difference to their life.



Whisky Raffle Winner
Del Hodge

NSA's Karen Furnivall
presenting Helen Moran
with her 25+ year pin &
Membership Certificate

OCTOBER 5th Everalld Compton's 95th Birthday walk at Uluru
& Quest to raise \$100,000 for his charity "Dorca's Acts"
<https://spiritwalker.org.au>

SOCIAL MEETINGS, MORNING TEAS & LUNCHES

Sept 24 BUS TRIP: Summerland Camel Farm at Harrisville Morning tea incl.....\$50
8.15am for 8.30am SHARP Departure An earlier start today, as we plan to stop for morning tea and then arrive in time for an 11.30am Farm Tour (30mins). The Tour (\$25) and lunch are at your own expense. Visit the Homestead Café & Farm store selling camel milk and meat products.

NB: Please wear enclosed shoes.

Oct 1 1pm COMMITTEE MEETING Geebung RSL (12pm lunch prior)
Oct 8 10am – 1pm MORNING TEA/SHOP/LUNCH SOUL Op Shop & Espresso Café,
 Bridgeman Baptist Community Church, 294 Graham Rd, Bridgeman Downs
Oct 15 SOCIAL MEETING Morning Tea & Lucky door ticket.....\$10
9.30am for 10am Start Bring & Buy Stall with Homemade Items. Guest speaker: NSA's David Hallesy
Oct 22 11.30am LUNCH The Stafford Tavern, 51-55 Webster Rd, Stafford
Oct 29 DAY TRIP: HARBOUR TOWN Return Train trip to Helensvale Station with Bus transfers.
Bring your TransLink card for 50c fares or tap on and off using your phone, smartwatch or a credit card.

Any queries phone: Karlotta 0410 699 300. Please register your interest in the Bookings Notepad and include your phone number. Friends are welcome to join. **Make your own way to Central Station and meet upstairs on the Corso outside McDonald's at 9am.** Once everyone arrives, we will go down and catch the train to Helensvale and transfer to the Harbour Town bus. We will have 2 hours free time to eat lunch, sit and chat, have a look around or do some shopping, before the return journey. We should be back at Central station by approx. 3.05pm.

Come along and enjoy a fun day out!

Nov 5 1pm COMMITTEE MEETING Geebung RSL (12pm lunch prior)
Nov 12 11.30am LUNCH The Brighton Hotel, 196 Brighton Terrace, Brighton
Nov 19 SOCIAL MEETING Morning Tea & Lucky door ticket.....\$10
9.30am for 10am Start Guest speaker: NSA founder Everalld Compton OAM
Nov 26 11.30am LUNCH The Gibson, 352 Stafford Rd, Stafford

I've learnt two lessons in my life. I can't recall the first one, but the second is that I need to start writing things down.

PUZZLE A. Honeyeater, Sandpiper, Malleefowl, Butcherbird, Kingfisher, Zebra Finch, Starling, Bush Turkey, Woodpecker, Barn Owl.

PUZZLE B. Plain Flour, Olive Oil, Balsamic Vinegar, Tomato Paste, White Rice, Sea Salt, Black Pepper, Chicken Stock, Caster Sugar, Dried Beans.

Paper and printing kindly supplied by the Member for Stafford, Luke Richmond & his staff

MT COOT-THA BUS TRIP



Norma & Rhonda

Gary, Sheilah, Vicki, Barry, Karlotta,
Venice, Diane, Jenny, Dianne & Sue



Bruce & June

On Thursday 27th August a group of 23 members and friends enjoyed a bus trip up to Mt Coot-tha Look out and then on to Indooroopilly Shopping Town for lunch and some free time for shopping or chatting. Spring had come early, granting us a beautiful clear day, with views across the city and way out to the bay islands and around to the border ranges. It was a pleasant day, spent with friends and with some of our new members. So wonderful that June and Bruce were able to join us as well.

HONEY	FISHER
SAND	TURKEY
MALLEE	LING
BUTCHER	PIPER
KING	FINCH
WOOD	PECKER
ZEBRA	EATER
STAR	OWL
BUSH	FOWL
BARN	BIRD

PUZZLE A. Using a word from both columns each time,
can you find 10 types of birds?

PLAIN	PASTE
OLIVE	SALT
BALSAMIC	SUGAR
TOMATO	OIL
WHITE	STOCK
SEA	RICE
BLACK	FLOUR
CHICKEN	VINEGAR
CASTER	BEANS
DRIED	PEPPER

PUZZLE B. Using a word from both columns each time,
can you make 10 new kitchen items?

I had an appointment with my therapist. He asked "A train's coming at you, what do you do?" Me: "Fly away in my helicopter." Therapist: "Where'd you get the helicopter?" Me: "Same place you got the train."

A woman called for an ambulance. Operator: How many I help you? Woman: I banged my toe against the coffee table and it hurt real bad. Operator: And you want to call an ambulance for that? Woman: No - the ambulance is for my husband - he shouldn't have laughed



I was visiting my granddaughter last night when I asked if I could borrow a newspaper. "This is the 21st century," she said. "I don't waste money on newspapers. Here, use my iPad." I can tell you this. That fly never knew what hit him.

A Senior's Version of FACEBOOK

For those of my generation who do not, and cannot, comprehend why Facebook exists: I am trying to make friends outside of Facebook while applying the same principles. Therefore, every day I walk down the street and tell passers-by what I have eaten, how I feel at the moment, what I have done the night before, what I will do later and with whom. I give them pictures of my family, my dog and of me gardening, taking things apart in the garage, watering the lawn, standing in front of landmarks, driving around town, having lunch, and doing what anybody and everybody does every day. I also listen to their conversations, give them "thumbs up" and tell them I "like" them. And it works just like Facebook. I already have 4 people following me: 2 police officers, a private investigator and a psychiatrist.

LORD MAYOR'S SENIOR'S CABARET 2026 ~ Legends & Icons! Following on from their successful Masterclasses – see Brisbane's talented seniors singing, dancing and performing.

Sun 20th Sept (12 - 1pm)..... City Hall, Main Auditorium (Bookings required for refreshment packages + table seating only. Visit the City Hall Concierge Desk or ph: 0457 068 055)

Tues 22nd Sept (11am - 12.15pm)..... Sandgate Town Hall (No bookings required)

Thurs 24th Sept (11am - 12.15pm)..... Arana Leagues Club, Keperra (Visit the club or ph: 3354 1333)