

Yarra Ranges Grapevine

The Journal of the National Seniors Australia Yarra Ranges Branch Inc
Incorporation No. A0048800C Branch No 100132

SEPTEMBER & OCTOBER 2024

PLEASE NOTE: Membership Renewals & Joining Members

Please ensure you use the 'Yarra Ranges NSA Application Forms' at the end of this 'Grapevine' & give to the Branch Secretary. By using our form, this informs NSA that you are a member of this Branch. The Branch receives a small annual payment for your Membership.

[Click here for Membership Form](#)

Branch Meetings 2024

Monday – 9 September
2.00pm for 2.30pm start

AGM

'INHOUSE TRIVIA'

Committee Vacancies

Vice President / Welfare

Treasurer

Guest Speaker Coordinator

Monday – 14 October
6.30pm

'Dinner Meeting'

At

The Crown Hotel

Main Street Lilydale

(Speaker ideas please)

**If you have a suggestion for a
'Guest Speaker' please let a
Committee Member know.**

President's Report

Hi Members,

I hope everybody is well. Morning Melodies at Healesville RSL Andrew Portelli (Elvis) was excellent and so was lunch.

24 attended the Yarra Glen 'trotts' horse racing and enjoyed a nice 2 course lunch.

Eddie Tichelaar was the guest speaker he talked on Kevin Heinze Garden at Montrose.

Hoping to see everybody at the AGM Monday 9th September at the Lilydale Lakeside hall 2.00pm for 2.30pm start.

Don't forget we need nominations for Treasurer & Vice President / Welfare Officer.

*Hope to see everyone there.
Happy reading.*

*Trevor
President*

COMMUNITY INFORMATION NOTICE:

JP facilities are available at the Croydon & Lilydale Police Station on the following days and times –

Croydon	Tuesdays	10.00am to 1.00pm
Lilydale	Thursdays	10.00am to 1.00pm

Yarra Ranges NSA Branch Committee

President

Trevor - ☎ 9735 1104

Vice President & Welfare Officer

Pamela - ☎ 9735 5449

Secretary

Newsletter Editor

Lyn- ☎ 0459 155 527

Email: yarrarangesnsa@gmail.com

Treasurer

Anne - ☎ 97265135

Activities Coordinator

Chris - ☎ 0419 528 446

Email: chrishill3@bigpond.com.au

Guest Speaker Coordinator

Vacant

Web Administrator

Patrick

☎ 0413 726 726

Committee Member

Elaine - ☎ 9739 4642

Kathy - ☎ 0438 257807

Welfare Officer Please contact our WO if you know of anyone who is unwell, having an operation, in need of help or has passed away within the family. Vice President & Welfare Officer Pamela on ☎ 9735 5449



Congratulations to!



8 September Brian

9 September Fay

16 September Janice

1 October Doris

4 October Steve

6 October Gordon

22 October Elaine

23 October Pauline C

27 October Pauline J

*We would like to celebrate your day!
Don't forget to email / phone your birthday & month to Lyn*

DIARY DATES

'WELCOME' to our BRANCH MEETING DATES - 2nd Monday of the Month

Meet at: 'Lilydale Lake Community Room', Lilydale Lake Rd, off 435A Swansea Rd Lilydale @ 2:00pm for 2.30pm start

Monday 9 September @ 2.00pm for 2.30pm Start
AGM & 'Inhouse Trivia'

Monday 14 October 'Dinner Meeting' @ 6.30pm
The Crown Hotel Main Street Lilydale



Please email your ideas for **Guest Speakers** or **Activities** to - yarrarangesnsa@gmail.com or pop it in the **'Suggestion Box'**

COMMITTEE MEETINGS - 1ST Monday of Month

@ Chris' place

Monday – 2 September

Monday – 7 October



* **NOTE FROM CHRIS** *

Everyone needs to please text or email Chris - ☎ 0419 528 446

Email: chrishill3@bigpond.com.au

with any changes they want to make after they have put their name down for an 'Outing & About' / 'Dining Out' / 'Morning Melodies'.

Also, if you put their name down for an 'Outing & About' / 'Dining Out' / 'Morning Melodies' please make sure you put it in your diary, so you don't overlook or forget what you have made a commitment that date.



'OUT & ABOUT' – BLUE

'DINING OUT' – PINK

'MORNING MELODIES' - GOLD



Activities

Please Contact Chris 'Activities Coordinator' to Book and to cancel in time

Please Note: All payments in an envelope with name, amount of payment and Activity name. This will be a great help. Thank you, Chris

'Out & About' – Blue

'Dine Outs' – Pink

'Morning Melodies' – Gold

MORNING MELODIES @ The International Hotel Maroondah Highway Lilydale

Please note: Order lunch before show at 11.00am. Lunch 12.00noon

Wednesday 4 Sept @ 10.30am

Wednesday 11 Sept @ 12.30pm

Sunday 15 Sept @ 1.30pm

Tuesday 1 October @ 12.30pm

Wednesday 2 October @ 10.30am

Thursday 10 October @ 12.30pm

Saturday 12 October @ 8.00pm

Sunday 20 October @ 2.00pm

Saturday 26 October @ 7.30pm

Wednesday 30 October @ 12.30pm

Wednesday 6 Nov @ 10.30am

Wednesday 4 Dec @ 10.30am

'Lilydale Morning Melodies – **Early Rock Legends**' – Col Perkins

'Yarra Valley Soul Cafe' 8 William Street East Lilydale (opp station)

'Brigadoon' Musical – The Round Theatre Nunawading (see Lyn)

'Chirnside Park Café' 1 E Ridge Drive Chirnside Park (old Bosses Boots café)

'Lilydale Morning Melodies – **60s & 70s Show**' – Natalie Jay

'Thai Chaiy' Hewish Road Croydon (next to Oro Doro)

'Gypsy' – The Round Theatre Whitehorse R Nunawading (see Lyn)

'Come from Away' Musical – National Theatre St Kilda (see Lyn)

'Sweet Charity' – Karralyka Theatre Mines Rd Ringwood (see Lyn)

'Tram Xpresso Café' @ Mount Evelyn Garden Centre 126 York Road Mount Evelyn

'Lilydale Morning Melodies – **Hit Parade**' – Andy Baker

'Lilydale Morning Melodies – **Super 70s Show**' – Jennifer Lee

'SATURDAY WALKS' - Contact Chris 'Activities Coordinator' for details

Please Note - Walks start 9.00am

These 2 photos are from the different walks – do you know where? Answers in next 'Grapevine' Photos 1 & 2 in 'May & June' Grapevine' was from 'Barneong Reserve Croydon North' Walk

Sat 7 September

Norton Road Croydon

Sat 14 September

Mullum Mullum Burnt Bridge

Sat 22 September

Killara to Seville

Sat 28 September
Sat 5 October
Sat 12 October
Sat 19 October
Sat 26 October
Sat 2 November
Sat 9 November
Sat 16 November
Sat 23 November
Sat 30 November

Barneong Reserve Croydon North
 Lilydale to Coldstream
 Dorset Reserve Croydon
 Lilydale to Mt Evelyn
 Lilydale Lake
 Wandin to Seville
 Norton Road Croydon
 Lilydale Lake - (Lilydale Show)
 Barneong Reserve Croydon North
 Killara to Seville



Note: If there is an all day 'Out & About' organised, we won't be walking

OTHER NEWSY BITS!

Contributions to our Newsletter



Have you been travelling?

Have you attended a good show?

Have you read a good book?

Is there something you have experienced, that you would like to share with the members of the Branch?

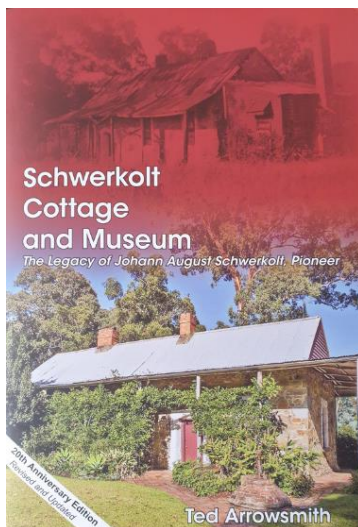
A story?

One-liners?

Photos from outings?



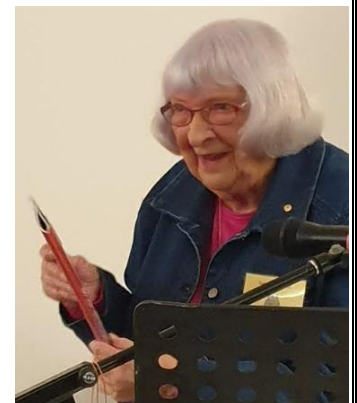
Launching a Revised Book



On Saturday 17 August at the AGM of Whitehorse Historical Society there was the launch of their revised and updated book 'Schwerkolt Cottage and Museum – The legacy of Johan August Schwerkolt Pioneer'.

It was written by Ted Arrowsmith and first published in 2004. Valda (OAM) wife of Ted and doyen of our Branch launched the 20th anniversary edition which was a joint publication with Whitehorse City Council who kindly provided the finance and the Society the work and research for the revised edition.

Federal and State MPs and three Councillors plus 40 attendees attended the afternoon.





The Lighter Side of Life!

A frog goes into a bank, and hops up on the desk of the loan officer. "Hi," he croaks. "What's your name?" The loan officer says, "My name is John Paddywack.

May I help you?"

"Yeah," says the frog. "I'd like to borrow some money."

The loan officer finds this a little odd, but gets out a form. "Okay, what's your name?"

The frog replies, "Kermit Jagger."

"Really?" says the loan officer. "Any relation to Mick Jagger?"

"Yeah, he's, my dad."

"Hmmm," says the loan officer. "Do you have any collateral?"

The frog hands over a pink ceramic elephant and asks, "Will this do?"



The loan officer says, "Um, I'm not sure. Let me go check with the bank manager."

"Oh, tell him I said hi," adds the frog. "He knows me."

The loan officer goes back to the manager and says, "Excuse me, sir, but there's a frog out there named Kermit Jagger who wants to borrow some money. All he has for collateral is this pink elephant thing; I'm not even sure what it is."

The manager says: "It's a knick-knack, Paddywack, give the frog a loan; his old man's a Rolling Stone."

Irate Passenger

It happened at a New York Airport. I wish I had the guts of this girl. An award should go to the United Airlines gate agent in New York for being smart and funny, while making her point, when confronted with a passenger who probably deserved to fly as cargo. For all of you out there who have had to deal with an irate customer, this one is for you.

A crowded United Airlines flight was cancelled. A single agent was re-booking a long line of inconvenienced travellers. Suddenly, an angry passenger pushed his way to the desk. He slapped his ticket on the counter and said, "I HAVE to be on this flight and it has to be FIRST CLASS."

The agent replied, "I'm sorry, sir. I'll be happy to try to help you, but I've got to help these folks first; and then I'm sure we'll be able to work something out."

The passenger was unimpressed. He asked loudly, so that the passengers behind him could hear, "DO YOU HAVE ANY IDEA WHO I AM?" Without hesitating, the agent smiled and grabbed her public address microphone. "May I have your attention, please?", she began, her voice heard clearly throughout the terminal. "We have a passenger here at Gate 14 WHO DOES NOT KNOW WHO HE IS. If anyone can help him with his identity, please come to Gate 14".

With the folks behind him in line laughing hysterically, the man glared at the United Airlines agent, gritted his teeth, and said, "F*** You!" Without flinching, she smiled and said, "I'm sorry sir, you'll have to get in line for that, too."

Life isn't about how to survive the storm, but how to dance in the rain.

'Keep Cash' Campaign

YRNSA has joined the NSA Campaign of 'Keep Cash'!

We have obtained some stickers from Head Office in Brisbane for distribution to local traders and retailers who wish to continue receiving CASH. These will be available at our next Branch Meeting.

NSA wants to help buck the 'cashless society' trend and keep cash circulating. To do this, they need our help to encourage retailers that accept cash to display our new '**We accept cash**' sticker.

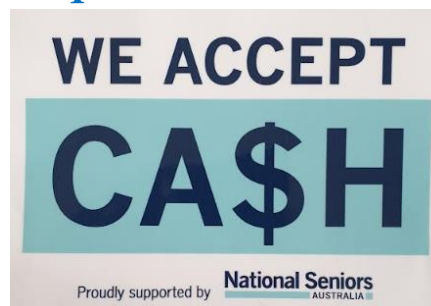
NSA is very excited and passionate about this new venture so let's do this



together. It's simple – we have received the '**We accept cash**' stickers, all you need to do is encourage retailers in your local area to display the sticker for customers to see.

You could even take a photo of the sticker being displayed and email it to us at policy@nationalseniors.com.au Participating businesses are added to our website page and shared on our social media.

Our challenge is to see these '**We accept cash**' stickers in as many retail stores as we can. Let's get our message out there.



Harness Racing and Lunch at Yarra Glen

Last Monday 28 August was a perfect day to be at the Harness Races or Trots as some call it.

The sun was shining and the horses looked spectacular with a few betting and even more not laying down the money, but still choosing a horse to follow in the races.



We are sorry to hear that the Harness Races will not continue at Yarra Glen after Oaks Day in November but will be replaced with Racing only. The Harness Racing will transfer across to Cranbourne.

Update your medicines list now – you'll need it if you go to hospital



A medicine list is a complete list of all your prescriptions, over the counter and complementary medicines.

Now is the time to make sure you have that list up-to-date and easy to find in case you unexpectedly have to go to hospital or visit a doctor or pharmacist who is not familiar with your health status.

Please ensure you have this app installed on your phone – it could save lives and maybe even your own.



Emergencyplus is an app you can put on your mobile. (It was recommended by a trainer who trained the staff at my school.) You can choose to load onto an Apple or Android system (2nd choice). When loaded the right-hand screen will appear. The **000 Emergency, SES & Police** are live buttons that will automatically call that service when pressed.



Also, you will note your 'location coordinates' appear so you can pass the information to the service concerned as to where your location is.



*Some News Items from National Seniors that you may have missed

Boost for Pensioner's Pockets

September's increase will help seniors playing catch up with cost-of-living increases.

The September 2024 pension adjustment is expected to lift the Age Pension by \$28.10 a fortnight for singles and \$42.40 for couples.

This will come as some relief for pensioners who have been struggling through the cost-of-living crisis. The Age Pension, Carer Payment and Disability Pension go up in March and September each year, with the usual practice of applying the higher of the Pensioner and Beneficiary Living Cost Index and the Consumer Price Index (CPI).

The pension is therefore likely to reflect the 2.6% increase in the PBLCI over the past six months, rather than the 2% increase in the CPI.

The new amounts are expected to be:

Single or couple separated due to ill health

- Current maximum fortnightly payment: \$1,116.30
- Expected maximum rate from September: \$1,144.40
- Increase: \$28.10 a fortnight

Couple combined rate

- Current maximum fortnightly payment: \$1,682.80
- Expected maximum rate from September: \$1,725.20
- Increase: \$42.40 a fortnight

NSA working for you



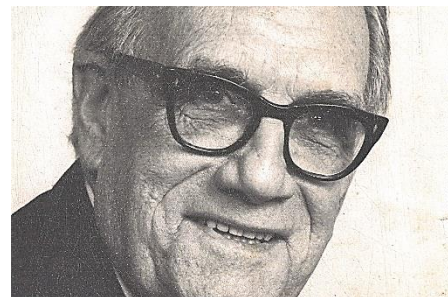
National Seniors Australia has long advocated for a better deal for Pensioners.

Under our [Fix Pension Poverty](#) campaign, we are calling for an increase to the Commonwealth Rent allowance, a dedicated seniors dental scheme, and a targeted Pensioner+ concession card.

Our [Fairness in Retirement Income](#) recommendations include the [Let Pensioners Work](#) campaign, focusing on the aged-care sector, and our call for a universal basic pension, doing away with means testing, deeming, and taper rates, which complicate the retirement planning of millions of Australians.

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The cofounder of National Seniors Australia was a family man and entrepreneur on a mission to help others.



Celebrating 50 Years, 50 Lives

In the lead-up to National Seniors Australia's 50th anniversary in 2026, *Connect* is sharing the stories of 50 people who have made contributions to the organisation over those years.

We begin with a look at the life and legacy of the man who, with Everal Compton, founded NSA.

Even before he set up the organisation that would become National Seniors, Bert Martin was known as a man who could get things done.

He had a busy life, from running the family farm and country store in Cooroy, 22 kilometres west of Noosa, at the age of 14, to senior roles in Rotary, picking up an Honorary Masters Degree and an Order of the British Empire medal along the way.

It was the success of his family electrical retail business, T.H. Martin, and other private ventures that allowed Bert to dedicate himself to helping others, young and old.

Through Rotary and personal fundraising, he helped establish International House, a residential college for students from around the world at the University of Queensland, in 1965.

A decade after that came Later Years, a forerunner organisation to National Seniors.

Bert's son-in-law, Roy Moore, remembers him fondly.

"He was a quiet man. He didn't say a lot; he just sat there and listened," Bert said. *"He was a great achiever. He did lots of things for lots of people.*

"He didn't like politicians that much. He didn't think any of them did anything."

That sense that there was more to be done for older Australians than was being achieved in Parliament informed Bert's decision to participate in the creation of the organisation that became National Seniors.

Yarra Ranges National Seniors Australia Branch
Membership Application (NSA ABN 89 050 523 003)

PERSONAL DETAILS

Mr / Mrs / Miss / Ms / Dr First name _____ /
Last name _____ Date of birth _____ /
Address _____
Suburb _____ State _____ Postcode _____
Phone _____ Mobile _____
Email _____ Membership Number: _____

JOINT MEMBER DETAILS

Mr / Mrs / Miss / Ms / Dr First name _____
Last name _____ Date of birth _____ / _____ / _____
Phone _____ Mobile _____
Email _____ Membership Number: _____

MEMBERSHIP AND PAYMENT DETAILS

*Yarra Ranges Branch
No. 100132*

I / we would like to join for: (please tick) includes GST

1 Year Single \$49.50 Joint \$80 2 Year Single \$88 Joint \$143
3 Year Single \$120 Joint \$180 5 Year Single \$220 Joint \$325

TOTAL PAYABLE: \$ _____

Cheques / Money Order enclosed (payable to: National Seniors Australia)
 Please charge my credit card: Visa Master Card

Card number:

Cardholder's Name: _____ Expiry: _____ / _____

Cardholder's Signature: _____

NSA respects your privacy and is committed to protecting your personal information.
You can view the full details of our privacy statement online at nationalseniors.com.au

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